

Ivybridge 10K 2015 Results

Saturday 9th May

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	450	Ceri	Rees	Wild Running	MV40	33:03
2	143	Lee	Turner	Torbay AC	SM	34:22
3	181	Neil	Barkell	Tavistock AC	SM	34:27
4	163	Anthony	Hatchard	Exmouth Harriers	SM	34:42
5	335	Jacob	Landers	Tamar Trotters	SM	35:01
6	2	Peter	Monaghan	Torbay AC	MV50	35:29
7	8	Thomas	Humphrey	Plymouth Harriers	SM	35:35
8	422	Owen	Parkin	Erme Valley Harriers	SM	35:42
9	9	Simon	Anderson	City of Plymouth AC	MV50	35:51
10	382	David	Knight	Plymouth Harriers	SM	36:05
11	191	Alan	Ryder	Plymouth Musketeers	MV50	36:11
12	134	Neil	Mytton	Plymouth Harriers	MV40	36:16
13	419	David	Beckenkrager	Plymouth Harriers	MV45	36:24
14	165	Simon	Yeo	Tamar Trotters	SM	36:35
15	368	Sam	Leary		SM	36:50
16	346	Rashid	Riad	Newton Abbot AC	SM	37:11
17	402	Darren	Evans	Launceston Road Runners	SM	37:19
18	147	Ian	Tyson		SM	37:24
19	434	Roger	Easterbrook	Teignbridge Trotters	MV40	37:27
20	408	Declan	Cullingford		SM	37:32
21	198	Marcus	Cronin		SM	37:38
22	251	Martin	Exley-Deane	Tavistock AC	MV55	37:53
23	769	Alex	Peyton Jones	Plymouth Harriers	SM	37:55
24	414	David	Hurrell	Plymstock Road Runners	SM	37:59
25	311	Paul	Hannabuss		MV40	38:03
26	228	Joel	Eaton	Instinctive Sports	SM	38:22
27	250	Paddy	Trinder	Erme Valley Harriers	SM	38:25
28	267	Darren	Levers		MV45	38:30
29	57	Jan	Dolezel	Haldon Trail Runners	SM	38:33
30	76	Ben	Pittman	Reading Joggers	MV40	38:41
31	249	Kevin	Fine	Torbay AC	SM	38:48
32	387	Bemjamin	Crowle	Bodmin Road Runners	SM	38:53
33	237	Richard	Maunder	Plymouth Tri Club	SM	38:57
34	242	Clive	Ramsden	Plymouth Harriers	SM	38:58
35	432	Christian	Cutcliffe	Erme Valley Harriers	SM	39:00
36	308	Matthew	Roberts		SM	39:01
37	118	Thomas	Frappart		SM	39:06
38	155	Jason	Hingley	Tamar Trotters	MV40	39:17
39	294	Leigh	Genge		SM	39:18
40	393	Mark	Deacon	Looe Pioneers	SM	39:20
41	127	William	Hawling		SM	39:26
42	255	Tim	Rundell	Instinctive Sports	SM	39:30
43	452	Dan	Kinver		SM	39:36
44	153	Wayne	Kirby		SM	39:38
45	271	Jordan	Shakespear		SM	39:57
46	270	Graham	Shakespear		MV40	39:58
47	81	Kevin	Baskott	Tamar Trotters	MV45	40:00

48	322	Allan	Herdman	Tavistock AC	MV60	40:19
49	425	Lawrence	Oxborough		SM	40:26
50	375	Steve	Weeks		MV40	40:35
51	584	Melanie	Dunn	Teignbridge Trotters	SF	40:51
52	167	Matt	Tompsett		SM	40:52
53	445	Patrick	Munn	Mud Crew Trail Runners	MV50	40:54
54	297	David	Neale		SM	41:02
55	418	Robert	Leeke	South Devon AC	MV45	41:02
56	386	Edward	Varcoe	Plymouth Harriers	SM	41:03
57	797	Alexandra	Cutts	South West Road Runners	FV35	41:12
58	310	Andrew	Marshall	Plymouth Harriers	MV50	41:14
59	746	Alison	Dewynter		FV40	41:14
60	379	Karl	Pearson	Plymouth Musketeers	MV45	41:18
61	47	Steven	Mahoney	Tamar Trotters	SM	41:20
62	98	Matthew	Rea		SM	41:21
63	104	Jonathan	Parr		MV45	41:25
64	490	Nicky	Savill	South West Road Runners	SF	41:29
65	187	Peter	Brooke-Houghton		SM	41:34
66	428	Douglas	Webb	Plymouth Harriers	SM	41:34
67	350	Daniel	Sullivan		SM	41:35
68	417	Simon	Swift	Erme Valley Harriers	MV45	41:36
69	363	Jamie	Ritchie		SM	41:40
70	27	David	Harris	Tavistock AC	MV50	41:43
71	58	Richard	Mears		SM	41:45
72	55	Steven	Laity	Plymouth Harriers	SM	41:52
73	225	Paul	Watson		SM	41:59
74	320	Barry	Copeland	Tamar Trotters	MV55	42:00
75	122	Michael	Miners	Plymouth Musketeers	SM	42:02
76	263	Alex	Winning		SM	42:08
77	145	Kevin	Stenner	Yeovil Town RRC	MV55	42:12
78	306	Anthony	Raine	Torbay AC	MV45	42:17
79	338	Pete	Tomes		SM	42:20
80	410	Richard	Best	Tavistock AC	MV50	42:21
81	257	Chris	Mayne		SM	42:23
82	224	Shaun	Bell	Erme Valley Harriers	MV50	42:27
83	331	Brandon	Van Blerk	East Cornwall Harriers	SM	42:27
84	88	Stephen	Lofthouse	Torbay AC	MV45	42:32
85	503	Jenny	Nash	East Cornwall Harriers	FV50	42:36
86	22	Jarostaw	Zurawik		SM	42:37
87	35	James	Randon		SM	42:40
88	449	Simon	Daniel		MV40	42:40
89	486	Alicia	Regan	Plymouth Harriers	SF	42:44
90	244	Rob	Byers		SM	43:04
91	348	Chris	Mervyn		SM	43:09
92	444	Matthew	Ball		MV40	43:12
93	794	Revis	Crowle	East Cornwall Harriers	FV50	43:17
94	285	Daniel	Francis		SM	43:19
95	120	Alex	Harrison		SM	43:22
96	471	Diane	Roy	East Cornwall Harriers	FV50	43:24
97	115	Richard	Mckee		SM	43:25
98	108	Peter	Bazley	Tavistock AC	MV55	43:28

99	421	Bradley	Coles		MV40	43:29
100	220	Stuart	Tulloch		SM	43:30
101	17	Edward	Buckingham	Tamar Trotters	MV40	43:31
102	160	Ian	Baggott	Devon & Cornwall Police AC	MV50	43:35
103	315	Matthew	Gilliard		MV40	43:37
104	453	Andy	Newcombe	Erme Valley Harriers	SM	43:39
105	286	Alexander	Coley	East Cornwall Harriers	MV50	43:41
106	380	Robert	Viant		SM	43:45
107	594	Beverley	Urbans		FV40	43:46
108	680	Karen	Cook	South West Road Runners	FV55	43:47
109	602	Annabelle	Evans	Newton Abbot AC	SF	43:50
110	124	Arron	Crowle		SM	43:50
111	139	Andrew	Sims	East Cornwall Harriers	MV45	43:51
112	239	Ashley	Gray		SM	44:13
113	448	Hans	Thompson	South West Vets AC	MV60	44:14
114	319	Michael	Clark	Plymstock Road Runners	SM	44:18
115	168	Neil	Smith	Kenilworth Runners	MV50	44:25
116	208	Ben	Moorman		SM	44:30
117	384	Dean	Barrett	Tamar Trotters	MV50	44:31
118	230	Brian	Lewis	Torbay AC	MV40	44:34
119	74	Harrison	Roberts		SM	44:37
120	388	Kieran	Woodward	Plymouth Musketeers	SM	44:39
121	391	Craig	Churchill	Teignbridge Trotters	SM	44:42
122	275	Russell	Taylor		SM	44:42
123	265	David	Ingram		MV45	44:44
124	276	Richard	Boucher	Plymouth Tri Club	MV45	44:44
125	63	Andrew	Stanley		MV40	44:47
126	180	Gareth	Morgan-Hughes		MV45	44:50
127	28	Michael	Hawley		MV50	44:53
128	447	Graham	Forrest		SM	44:55
129	324	Steve	Bryant		SM	44:59
130	75	Shaun	Roberts		MV40	45:00
131	128	Ben	Harding	East Cornwall Harriers	SM	45:02
132	36	Gary	Martin	Plymouth Musketeers	MV45	45:02
133	366	Gavin	Richards		SM	45:02
134	291	Robin	Bray	Plymouth Harriers	SM	45:03
135	11	Laurence	Harris	Erme Valley Harriers	MV45	45:03
136	269	Richard	Gentry		MV45	45:05
137	362	Darren	Spurgeon		SM	45:11
138	639	Angie	Handforth	South West Vets AC	FV60	45:11
139	77	Adrian	Woodhouse	Erme Valley Harriers	SM	45:13
140	240	Sam	Wilkins		SM	45:19
141	169	Geoff	Woods	Newton Abbot AC	MV50	45:21
142	131	Fergus	O'Donnell		SM	45:21
143	655	Tilly	Woods	Newton Abbot AC	SF	45:23
144	412	Daniel	Prete		SM	45:24
145	185	Neil	Moffatt	Erme Valley Harriers	MV50	45:24
146	152	Keiron	Fraser		MV45	45:27
147	303	Patrick	Wakeley	Erme Valley Harriers	MV50	45:30
148	431	Wilfred	Taylor	Teignbridge Trotters	MV60	45:30
149	400	Gary	Miles		MV50	45:32

150	60	Andrew	Bowden	Bere Alston Trekkers	MV40	45:34
151	325	Michael	Bonning	Michelmores RC	MV50	45:38
152	266	Mark	Harris		MV40	45:39
153	119	Daniel	Gregory		SM	45:41
154	786	Nicola	Lilley	Plymouth Harriers	FV40	45:43
155	440	Mark	Thomas		SM	45:44
156	435	Cris	Cowburn		SM	45:47
157	378	Tony	Westington		MV45	45:49
158	227	Tom	Gilbert		SM	45:52
159	14	Simon	Ayres		SM	45:53
160	623	Emily	Eaton	Instinctive Sports	SF	45:55
161	423	Paul	Jewell	Plymouth Harriers	SM	45:59
162	351	Tim	Knab	Bodmin Road Runners	MV45	46:00
163	188	Brennan	Drewitt	Plymouth Musketeers	SM	46:03
164	296	Michael	Beattie	Plymouth Harriers	MV65	46:10
165	184	Eric	Foster	Dawlish Coasters	MV60	46:10
166	358	Paul	Collins	Tamar Trotters	SM	46:14
167	214	Glenn	Wood	East Cornwall Harriers	MV50	46:15
168	210	Gary	Chater	Tavistock AC	MV45	46:15
169	298	Dave	Martin		MV60	46:17
170	260	Peter	Reville		SM	46:20
171	287	Samuel	Marker		SM	46:21
172	369	Peter	Leary		MV50	46:22
173	235	Colin	Wood	Tamar Trotters	SM	46:23
174	720	Mark	Price		MV40	46:29
175	403	Mark	Jones	Launceston Road Runners	SM	46:30
176	551	Gemma	Body		SF	46:32
177	13	Christopher	Lee		MV40	46:35
178	442	John	Outhwaite		MV60	46:40
179	290	Duncan	Jago		SM	46:40
180	137	Sean	Richards		SM	46:40
181	790	Fiona	Phelps	Tamar Trotters	FV45	46:46
182	293	Greg	Fine	Torbay AC	MV60	46:50
183	682	Anna	King		SF	46:50
184	539	Tracey	Oxborough		FV50	46:52
185	723	Jennifer	Hayes		FV35	46:53
186	392	Paul	Williams	Honiton RC	MV40	46:54
187	149	Neil	Dawkins	Torbay AC	MV40	46:56
188	29	Mark	Pearson	Plymouth Musketeers	MV40	46:59
189	373	Mike	Wood	Tamar Trotters	SM	47:01
190	345	Dave	Tucker	Tamar Trotters	SM	47:02
191	344	Carl	Bennett	Newton Abbot AC	SM	47:06
192	703	Catherine	Shortman		FV50	47:10
193	433	Jeremy	Clark		MV50	47:18
194	79	Fred	Turner		MV45	47:22
195	405	Mark	Ashurst	Plymouth Striders	MV40	47:23
196	317	Philip	Parish		SM	47:25
197	279	Steven	Wilkinson		SM	47:26
198	274	Neil	Herbert		SM	47:27
199	633	April	Burrow		SF	47:31
200	140	David	Drew		SM	47:32

201	34	Stephen	Mace	Plymouth Musketeers	MV50	47:34
202	68	Jerry	Clough		MV45	47:36
203	439	Mark	Horton		SM	47:39
204	97	Dance	Nick	Torbay AC	MV50	47:42
205	436	Paul	Lawrence		SM	47:46
206	612	Rebecca	Exley-Deane	Tavistock AC	FV40	47:49
207	480	Laura	Aspen		SF	47:53
208	390	Andrzej	Grocholski		SM	47:55
209	236	Andrew	Bennett	Plymouth Harriers	MV50	47:58
210	172	Danny	Papworth		SM	48:00
211	278	Ian	Crowle	East Cornwall Harriers	MV55	48:02
212	99	Jeff	Ince		SM	48:05
213	117	Nick	Hawtin		MV50	48:06
214	751	Sarah	Pike		FV35	48:09
215	193	Joseph	Libby		SM	48:15
216	342	Michael	Walker		SM	48:17
217	37	Paul	Williams	Plymouth Musketeers	MV40	48:20
218	560	Arizona	Savage		SF	48:22
219	334	Isaac	Stopard	Erme Valley Harriers	SM	48:23
220	299	Darren	Munday		SM	48:29
221	742	Alexandra	Doughty		FV35	48:30
222	377	Fred	Jenkins	Instinctive Sports	MV50	48:32
223	613	Miranda	Burke	Plymouth Harriers	FV45	48:33
224	67	Abigail	Blee	Teignbridge Trotters	SF	48:38
225	25	Ben	Crane		SM	48:38
226	485	Hannah	Shead		FV35	48:38
227	603	Cheryl	Hanns	Plymouth Harriers	FV40	48:39
228	195	Robert	Pick	East Cornwall Harriers	MV55	48:44
229	203	Clive	Mitchell		MV55	48:47
230	113	Damien	Le Gal		SM	48:51
231	83	Ray	Brown	Torbay AC	MV65	48:55
232	327	Graeme	Read		SM	48:56
233	595	Sarah	Wake	Torbay AC	SF	48:57
234	359	Eddie	Morgan		SM	48:58
235	427	Wesley	Hemstead		SM	48:59
236	12	Jonathan	Picken		MV40	49:01
237	92	Ken	Tinkler	Newton Abbot AC	MV55	49:01
238	332	Shaun	Hitchcock	Plymouth Musketeers	SM	49:04
239	259	Mark	Peckings	Roman Gladiators	MV40	49:08
240	305	Dylan	Walker		SM	49:09
241	284	James	Vickers		SM	49:10
242	49	Dan	Jones		MV40	49:10
243	50	Michael	Brian	Plymouth Musketeers	MV40	49:11
244	135	Chris	Whipp	Plymouth Musketeers	MV50	49:12
245	736	Paula	Clough		FV45	49:13
246	318	Andrew	Moir	Tamar Trotters	MV50	49:14
247	52	Dave	White		MV40	49:14
248	571	Caitlin	Bonning		SF	49:15
249	38	Paul	Martin	Plymouth Musketeers	MV50	49:16
250	624	Emilie	Thomas		SF	49:16
251	65	Mark	Greenslade	Brixham Harriers	MV45	49:24

252	518	Hylde	Stewart	Clydesdale Harriers	FV55	49:31
253	304	Paul	Hayes		SM	49:35
254	177	Allan	Adams		MV55	49:38
255	192	Jonny	Libby		MV40	49:39
256	404	Dave	Gale		MV45	49:41
257	146	Philip	Symons	Plymouth Coasters	SM	49:44
258	281	Pete	Thorne		MV60	49:44
259	217	David	Hammond	Tamar Trotters	MV40	49:47
260	383	Stephen	Betty	Instinctive Sports	MV50	49:48
261	401	Daniel	Murdoch	Roman Gladiators	SM	49:48
262	309	Adrian	Mountford		MV40	49:48
263	189	Ray	Goodright	East Cornwall Harriers	MV65	49:49
264	292	Philip	Jones		SM	49:49
265	243	Richard	Carter		MV45	49:48
266	578	Stephanie	Green		FV35	49:50
267	666	Sarah	Bray		SF	49:49
268	441	Josh	Clements		SM	49:49
269	760	Clive	Graham		MV60	49:51
270	647	Linda	Philippou	Torbay AC	FV50	49:52
271	370	Simon	Matthias		MV40	49:55
272	734	Kate	O'Neill		FV40	49:56
273	686	Gill	Hardy	Dawlish Coasters	FV45	49:57
274	102	Stephen	Harris		MV40	50:00
275	199	Leigh	Robinson		MV40	50:00
276	162	Chris	Middleton		SM	50:02
277	349	David	Matthams	Instinctive Sports	MV50	50:03
278	136	Raymond	Wilson	Torbay AC	MV65	50:04
279	778	Claire	Squires	Plymouth Musketeers	SF	50:08
280	644	Ginni	Williamson	Tamar Trotters	SF	50:10
281	569	Julie	Page	Bere Alston Trekkers	FV40	50:14
282	352	Jeff	Nicks		MV45	50:14
283	234	Paul	Worsfold	Plymstock Road Runners	MV60	50:15
284	200	Sean	Doogan		MV45	50:17
285	679	Sophie	Weeks		SF	50:17
286	339	Gareth	Newns	Tamar Trotters	SM	50:17
287	501	Katie	Walker		SF	50:22
288	475	Laura	Abell	Tamar Trotters	SF	50:28
289	357	Michael	Whitelock		SM	50:33
290	26	Martin	Crane		MV45	50:38
291	446	Kevin	Blaber	Plymouth Striders	MV50	50:41
292	107	Nick	Norton		MV50	50:41
293	201	Lucas	O'Driscoll		SM	50:42
294	493	Caroline	Bennett		FV55	50:43
295	166	Daron	Reddyhoff		MV40	50:48
296	111	James	Richards		SM	50:47
297	213	Wayne	Hardman		MV40	50:50
298	472	Lisa	Mabey	Tavistock AC	FV35	50:59
299	106	Richard	Mackrory	Running Forever RC	MV60	51:05
300	622	Naoko	McKinnon		FV55	51:11
301	321	Vinny	Pitman	Tamar Trotters	MV50	51:13
302	264	Daryll	Cain	Tamar Trotters	MV45	51:14

303	31	David	Elder		MV60	51:20
304	170	Paul	Nottle	East Cornwall Harriers	MV50	51:34
305	787	Sarah	Mann		FV40	51:34
306	505	Jane	Lockyer	East Cornwall Harriers	FV50	51:35
307	438	Dan	Lane		SM	51:36
308	526	Jess	Low		FV35	51:38
309	24	Simon	Richards		SM	51:40
310	360	Nick	Harris		MV50	51:45
311	487	Lesley	Curtisgartland		FV55	51:50
312	567	Abi	Arnold		SF	51:51
313	394	Paul	Kennelly	Instinctive Sports	MV45	51:51
314	238	Liam	Nicholls		SM	51:52
315	312	Peter	Coish		MV40	51:53
316	90	Steven	Monaghan		MV50	51:55
317	451	Peter	Blomley		MV55	51:56
318	300	Jason	Hyde	Plymouth Musketeers	SM	51:56
319	648	Imogen	Barnett		SF	51:59
320	21	Steven	Sharp	Torbay AC	MV40	52:01
321	105	Raymond	Bolt		MV55	52:02
322	355	George	Holman	South Devon AC	SM	52:03
323	678	Christina	Weeks		SF	52:03
324	16	Christopher	Menlove-Platt	Plymouth Musketeers	MV60	52:06
325	420	Simon	Kingdon	Plymouth Harriers	MV50	52:07
326	413	John	Allen		MV45	52:08
327	15	Ian	Hayward	Torbay AC	MV50	52:09
328	288	Ben	Norris		SM	52:14
329	396	Chris	Howarth		SM	52:15
330	597	Anna	Evans		SF	52:16
331	222	Christopher	Marcol		MV60	52:16
332	385	David	Shalders		SM	52:17
333	46	Terry	Parmenter		MV50	52:18
334	71	Thomas	Smith		SM	52:22
335	364	Nick	Saunders		SM	52:22
336	161	Edward	Ney	Plymouth Musketeers	MV55	52:26
337	700	Rose	Bralsford	Erme Valley Harriers	FV45	52:27
338	33	Michael	Roberts	Plymouth Harriers	MV65	52:30
339	73	Paul	Roberts		MV55	52:32
340	295	Simon	Rose		SM	52:33
341	722	Irene	Hewings	Torbay AC	FV55	52:34
342	340	Stephen	Cooksley	Plymstock Road Runners	MV45	52:35
343	478	Lesley	Hitchen	Plymouth Musketeers	FV45	52:36
344	132	Oliver	Dash		SM	52:36
345	729	Paula	Revill		FV40	52:47
346	211	Simon	Bishop-Hawes	Plymouth Harriers	MV40	52:49
347	737	Sharon	Priestley		FV35	52:51
348	773	Sarah	Horton	Plymouth Coasters	FV45	52:51
349	66	Glenn	Priestley		MV40	52:51
350	329	Stephen	Beck		SM	52:54
351	424	Ben	Smith		MV40	52:55
352	252	Aaron	Trevethan		SM	52:55
353	218	Philip	Spargo	Truro RC	MV55	52:55

354	273	Kevin	Martin		SM	52:59
355	558	Jane	Brooks		SF	53:01
356	256	Rajesh	Subba		SM	53:03
357	726	Helen	Frow		FV45	53:04
358	512	Kellie	Boylin	Plymouth Harriers	SF	53:05
359	454	David	Squibb		MV50	53:05
360	510	Sharon	Horne		FV35	53:06
361	178	Les	Elms	Dawlish Coasters	MV55	53:08
362	685	Miranda	Rickard		FV35	53:09
363	610	Sharon	Lang	Plymouth Musketeers	FV35	53:10
364	253	Dan	Atkins		SM	53:11
365	719	Jenni	Bindon		SF	53:14
366	32	Tony	Follett	UKNetrunner	MV40	53:15
367	705	Lesley	Donovan	Plymouth Harriers	FV45	53:17
368	20	Steve	Lomax		MV45	53:18
369	314	Anthony	Lee		SM	53:18
370	246	Dan	Davies		SM	53:19
371	777	Clare	Honeychurch	Plymstock Road Runners	FV50	53:21
372	409	Nick	Jones		MV50	53:23
373	627	Beth	Watmore	Tavistock AC	SF	53:25
374	767	Sarah	Whittaker	Plymouth Musketeers	FV35	53:27
375	62	Jason	Heath	Instinctive Sports	SM	53:27
376	341	Colin	Palmer		SM	53:28
377	212	Barry	Williams	Plymouth Coasters	MV50	53:29
378	548	Sandra	Williams	Plymstock Road Runners	FV50	53:31
379	689	Liz	Gee	Plymouth Musketeers	FV35	53:32
380	233	Alan	McKeever	Instinctive Sports	MV45	53:32
381	221	Rodney	Hillebrandt	Plymouth Musketeers	MV65	53:32
382	643	Janet	Foster	Dawlish Coasters	FV60	53:38
383	87	Paul	Smith	Plymouth Coasters	MV55	53:40
384	437	David	Peck		MV40	53:40
385	144	Michael	Wills	Plymouth Coasters	MV60	53:41
386	547	Kate	Aspinall	Plymstock Road Runners	FV35	53:44
387	326	Anthony	Firth		MV45	53:44
388	677	Sarah	Kelly	Erme Valley Harriers	FV45	53:46
389	744	Heidi	Stanley		FV40	53:47
390	725	Tessa	Hearfield	Torbay AC	FV55	53:51
391	254	Paul	Jackman		MV50	53:54
392	684	Melanie	Rickard		FV35	53:55
393	365	Owen	Hughes	Plymstock Road Runners	MV40	53:57
394	669	Clare	Smith		FV40	53:58
395	757	Marie	Hannam	Plymouth Musketeers	SF	53:58
396	182	John	Lofty		MV50	53:59
397	40	David	Salvage	Tamar Trotters	MV65	54:01
398	301	Kevin	Sykes		MV55	54:03
399	522	Julia	Mansell	Tamar Trotters	FV50	54:05
400	741	Kirsty	Nairn		SF	54:07
401	483	Eleanor	Taylor	Teignbridge Trotters	FV55	54:09
402	123	Russell	Brighton		MV40	54:13
403	616	Alice	Byers		SF	54:14
404	397	Jordan	Slater		SM	54:20

405	186	Sean	Slater		SM	54:20
406	542	Denise	Betty	Instinctive Sports	SF	54:20
407	353	Mark	Betty		SM	54:21
408	592	Zoe	Crewdson		SF	54:27
409	406	Jim	Lockyer	East Cornwall Harriers	MV55	54:29
410	86	Andrew	Park	Torbay AC	MV65	54:29
411	694	Helen	Roper	Tamar Trotters	FV35	54:29
412	631	Rachel	Bremner	Tamar Trotters	SF	54:29
413	272	Aaron	Chinnock		SM	54:32
414	82	Paul	Youngman	Plymouth Musketeers	MV55	54:31
415	323	Michael	Williams		SM	54:33
416	141	Morgan	Cain		SM	54:34
417	159	Roger	Webb	South Devon AC	MV60	54:37
418	756	Kathryn	Nott		SF	54:37
419	699	Kate	Bennett		SF	54:37
420	587	Helen	Jordan		FV45	54:39
421	656	Linda	Houchin	Tavistock AC	FV45	54:46
422	121	Michael	Gard		MV55	54:48
423	550	Nicky	Shaw		FV50	54:52
424	89	Kevin	O'Reilly	Tamar Trotters	MV60	54:52
425	426	Paul	Griffin	Instinctive Sports	MV45	54:53
426	552	Alison	Mills		FV45	54:53
427	779	Rachel	Scott	Plymouth Musketeers	FV45	54:54
428	600	Chiara	Giordano	Sunderland Harriers	SF	54:55
429	282	Chris	James		SM	54:56
430	750	Judith	Wilkinson	Tamar Trotters	FV55	54:56
431	474	Maggie	Lewis	Plymouth Musketeers	FV60	54:57
432	371	Aaron	Clarke		SM	54:57
433	776	Laura	Wills		SF	54:58
434	702	Sophie	Norton		SF	54:59
435	589	Tanya	Couldwell		SF	55:01
436	576	Helen	Catherall		FV45	55:03
437	101	Kevin	Harold		MV50	55:06
438	708	Charlotte	Harrison		SF	55:06
439	658	Jennifer	Evans		FV35	55:11
440	649	Kate	Rose		SF	55:13
441	18	Frazer	Bolt		MV50	55:21
442	361	James	Kelly		MV45	55:21
443	129	Andrew	Kelly		MV50	55:23
444	704	Helen	Parr		FV45	55:25
445	336	David	Brooks		MV50	55:24
446	356	Mark	Holman	South Devon AC	MV55	55:25
447	179	Colin	Wilson	Torbay AC	MV65	55:27
448	223	Paul	Capstack		MV50	55:27
449	596	Louise	Steele		FV40	55:28
450	579	Natalie	Potter		SF	55:30
451	754	Gemma	Bowden		SF	55:31
452	556	Katie	Duxbury		SF	55:35
453	196	James	Peach		SM	55:36
454	619	Jennifer	Brogan		FV35	55:37
455	583	Anne	Marshall	Plymouth Harriers	FV50	55:39

456	307	James	Newman	Plymouth Musketeers	SM	55:40
457	667	Samantha	Martin		SF	55:40
458	430	Adrian	Searl		SM	55:40
459	209	James	Blewett	Plymstock Road Runners	SM	55:42
460	630	Fiona	Coates		FV40	55:41
461	114	Anthony	Doonan	Erme Valley Harriers	MV65	55:45
462	496	Kirsten	Nosworthy	Plymouth Coasters	FV35	55:48
463	41	Mark	Rescorl	Tamar Trotters	SM	55:50
464	229	Phil	Yates		MV55	55:59
465	604	Carly	Greene	Dawlish Coasters	SF	55:59
466	248	Mark	Richey		SM	56:05
467	477	Holli	Black		SF	56:05
468	577	Tracy	Wakeham		FV45	56:13
469	523	Vicky	Hinchliffe	Torbay AC	FV45	56:16
470	521	Tanya	Alexander		FV35	56:18
471	116	Nigel	Webster		MV55	56:18
472	575	Lesley	Allinson		FV45	56:20
473	555	Harriett	Pope		SF	56:26
474	469	Joanne	Anning		SF	56:29
475	536	Louise	King	Plymouth Musketeers	FV50	56:29
476	372	Matthew	Bullock	Tamar Trotters	SM	56:30
477	671	Karen	Sims	East Cornwall Harriers	FV45	56:31
478	125	George	Bowles		SM	56:33
479	520	Rachel	Bullock	Tamar Trotters	FV35	56:36
480	103	Chris	Donovan		MV50	56:50
481	206	Graham	Gordon	Dawlish Coasters	MV65	56:55
482	78	Adam	Gatrell		SM	56:58
483	283	Michael	Anderson		MV50	57:01
484	506	Natasha	Ayres	Bere Alston Trekkers	FV40	57:01
485	376	Kris	Jones	Plymouth Musketeers	SM	57:06
486	354	Bryan	King	Plymouth Musketeers	MV60	57:07
487	641	Carol	Pollard	East Cornwall Harriers	FV60	57:09
488	289	John	Drennan	South Devon AC	MV60	57:13
489	781	Karen	O'Hare	Plymouth Musketeers	FV50	57:17
490	617	Geraldine	Hodge		SF	57:22
491	601	Alice	Harvey		SF	57:23
492	395	Roy	Copestake		MV55	57:27
493	492	Bethan	Bennett		SF	57:30
494	626	Georgia	Jones		SF	57:30
495	531	Natasha	Maloney		FV40	57:32
496	546	Louise	Marsland	Tamar Trotters	FV35	57:32
497	85	James	Revill		MV65	57:39
498	268	Keith	Kindred		MV40	57:40
499	625	Emma	Watmore		SF	57:41
500	772	Mikey	O'Connor		SM	57:43
501	775	Sharon	Adams	Plymouth Musketeers	FV40	57:43
502	488	Laraine	Gibbins		FV50	57:47
503	586	Lianna	Parker-Carn		SF	57:49
504	553	Helen	Clee	Plymouth Musketeers	FV45	57:49
505	443	Mike	Lewis		MV60	58:00
506	758	Roberta	Russell	Plymouth Musketeers	FV35	58:01

507	183	Craig	Vaughnley	East Cornwall Harriers	MV40	58:02
508	23	David	Smith		MV60	58:03
509	70	Luke	Cameron	Plymouth Musketeers	SM	58:03
510	511	Ilona	Piec		SF	58:11
511	157	Mike	Keep	Exmouth Harriers	MV65	58:12
512	529	Nicola	Caunter		FV60	58:17
513	561	Olivia	Chamberlain		SF	58:17
514	190	Nick	Hayes	Torbay AC	MV50	58:18
515	588	Dinah	Wakeley		FV45	58:19
516	541	Kate	Dooley		FV40	58:21
517	557	Kerry	Palfreyman	Tamar Trotters	FV35	58:27
518	241	Steven	Gibson		SM	58:27
519	538	Sam	Pollard	Tamar Trotters	SF	58:32
520	670	Karla	Court	Plymouth Coasters	FV35	58:32
521	205	Scott	Hannon		MV40	58:35
522	173	Ben	Portus		SM	58:40
523	174	Jim	Portus	Newton Abbot AC	MV60	58:40
524	525	Laura	Hogan	Bere Alston Trekkers	FV40	58:43
525	411	Craig	Bradley	Plymstock Road Runners	SM	58:46
526	687	Mel	Fearn		SF	58:51
527	693	Emily	Mitchell		SF	58:51
528	549	Becky	Horne	Plymstock Road Runners	FV40	58:51
529	302	Damon	Lester		MV50	59:08
530	618	Linda	Worsfold	Plymstock Road Runners	FV55	59:11
531	489	Gemma	McDonald		SF	59:12
532	515	Clare	Smith		FV40	59:12
533	672	Gill	Parker		FV40	59:17
534	500	Diane	Swallow	Tamar Trotters	FV50	59:19
535	732	Donna	Burke	Plymouth Musketeers	FV50	59:21
536	80	John	Kemp		MV55	59:21
537	654	Jo	Woods		FV40	59:23
538	509	Kirsty	Golden		SF	59:24
539	154	Stephen	Parnell	Plymouth Coasters	MV50	59:25
540	197	Des	Golden		MV55	59:24
541	389	Shaun	Russell	Tamar Trotters	MV40	59:26
542	714	Julia	Goss		FV50	59:28
543	150	Mark	Turner		MV40	59:34
544	95	Jonathan	Atkins		MV45	59:38
545	696	Kate	Howard	Plymouth Musketeers	FV55	59:41
546	614	Sarah	Nuttall-Worsley		SF	59:51
547	638	Denise	Libby		FV35	59:57
548	764	Colette	Stevens	Michelmores RC	FV45	59:57
549	724	Mhairi	McCall	Tavistock AC	FV50	59:57
550	574	Eleanor	Bray		SF	59:58
551	629	Bethany	Sampson		SF	1:00:06
552	216	Lawrence	Atherton	South West Road Runners	MV50	1:00:07
553	665	Stephi	Jukes	Tamar Trotters	FV45	1:00:09
554	755	Emily	Milner		SF	1:00:13
555	61	Rob	Farmer		SM	1:00:14
556	585	Karen	Finn		FV45	1:00:16
557	328	Benjamin	Hallas		SM	1:00:20

558	642	Joanne	Moffatt		SF	1:00:22
559	605	Jeannine	Levers	Plymstock Road Runners	FV45	1:00:22
560	48	Vic	Hibbert	Plymouth Musketeers	MV60	1:00:24
561	543	Gen	Conquest		SF	1:00:25
562	661	Carol	Ney	Plymouth Musketeers	FV40	1:00:24
563	599	Lucy	Short		FV35	1:00:25
564	262	Brett	Simons	Plymouth Musketeers	SM	1:00:25
565	142	Michael	Stansbury		MV60	1:00:28
566	330	Bertie	Green		SM	1:00:30
567	499	Sarah	Welsh		FV45	1:00:32
568	51	John	Parker		SM	1:00:32
569	753	Amy	Rodgers		SF	1:00:37
570	100	Gary	Bunn		SM	1:00:37
571	513	Deborah	Betty	Instinctive Sports	FV50	1:00:42
572	54	Ben	Horswell		SM	1:00:45
573	568	Maxine	Arnold		FV45	1:00:48
574	84	Martin	Walker	Tavistock AC	MV55	1:00:54
575	544	Shannon	Bays	Plymouth Coasters	SF	1:00:58
576	94	Steven	Duncan		MV40	1:01:00
577	676	Lynn	Nicholls		FV45	1:01:00
578	545	Lorna	Bays	Plymouth Coasters	FV50	1:01:03
579	537	Tanya	James		FV45	1:01:06
580	713	Lisa	Keay		FV40	1:01:06
581	407	Keith	Swallow	Tamar Trotters	MV55	1:01:10
582	138	Linda	Mole	Plymouth Harriers	FV35	1:01:16
583	582	Jo	Coish		FV40	1:01:17
584	581	Sarah	Watson		FV40	1:01:18
585	491	Sharon	Beckenkrager	Plymouth Harriers	FV45	1:01:19
586	780	Carolyn	Everson		FV50	1:01:21
587	337	Steven	O'Riordan		SM	1:01:22
588	429	Anthony	McCann		MV60	1:01:23
589	657	Laura	Heritage		SF	1:01:23
590	727	Eve	Churchill		FV40	1:01:28
591	494	Julie	Peard		FV40	1:01:29
592	759	Sharon	Healy	Plymouth Musketeers	FV40	1:01:30
593	632	Melanie	Hooper	Non-Scoring Teignbridge Trotters	FV45	1:01:45
594	659	Maggie	Lamerton	Plymouth Musketeers	FV40	1:01:52
595	611	Cassandra	Crichton	Plymouth Striders	FV40	1:01:52
596	716	Nicola	Williams		FV35	1:01:55
597	782	Anne	Roberts		FV60	1:01:59
598	562	Jane	Jordan		FV40	1:02:04
599	748	Sarah	Sayer		FV40	1:02:07
600	747	Jackie	Waites		FV40	1:02:07
601	484	Clare	Stewart		SF	1:02:11
602	565	Liz	Birch	Plymouth Musketeers	FV35	1:02:12
603	497	Lisa	Samphier	Plymouth Striders	FV45	1:02:15
604	473	Kirsten	Mundy	Torbay AC	FV35	1:02:16
605	535	Jo	Haring		FV40	1:02:24
606	534	Emily	Fairclough		FV35	1:02:25
607	504	Heidi	Bishop	Plymouth Harriers	SF	1:02:25
608	628	Jane	Rea		FV55	1:02:30

609	563	Rachel	Kilpatrick	Plymouth Harriers	FV35	1:02:40
610	399	Joseph	Hanrahan		SM	1:02:49
611	572	Abbey	Nicholas		SF	1:02:50
612	202	Mervyn	Nicholas		MV55	1:02:50
613	607	Claire	Gibson		FV40	1:02:52
614	374	Neil	Goldsmith		MV40	1:02:54
615	745	Louise	Doughty	Tamar Trotters	FV45	1:03:03
616	171	Jim	Mouat		SM	1:03:19
617	645	Suzann	Brown	Dawlish Coasters	FV50	1:03:24
618	470	Lesley	Badock		FV50	1:03:26
619	733	Hayley	Higman		FV35	1:03:27
620	660	Vickie	Ward		FV35	1:03:27
621	554	Jo	Irving	Plymouth Musketeers	FV45	1:03:27
622	650	Patricia	Tabenor	Plymouth Harriers	FV60	1:03:34
623	715	Cate	James		FV35	1:03:36
624	495	Becky	Smith		SF	1:03:47
625	416	John	Smith	Tamar Trotters	MV55	1:03:48
626	635	Bethany	Morgan	Plymouth Musketeers	SF	1:03:50
627	785	Susan	Ayre	Plymouth Musketeers	SF	1:03:49
628	226	David	Watmore		MV55	1:04:05
629	570	Becky	McLaren		FV40	1:04:12
630	110	Jonathan	Curtis		MV40	1:04:12
631	692	Bonny	Gregory		FV40	1:04:12
632	681	Becky	Hawling		FV35	1:04:13
633	533	Trudi	Rowe	Plymouth Coasters	FV45	1:04:21
634	398	Peter	Hanrahan		MV55	1:04:22
635	476	Christina	James		FV35	1:04:27
636	479	Cathy	Cronin		FV40	1:04:28
637	683	Lorraine	Davies	Plymouth Musketeers	FV50	1:04:31
638	673	Grace	Russell		SF	1:04:41
639	367	Jack	Charles		SM	1:04:42
640	709	Nikki	Broomfield	Plymstock Road Runners	FV40	1:04:49
641	718	Jessica	Yallard		FV35	1:04:49
642	615	Janet	Lynch		FV35	1:05:08
643	731	Rhian	Johnson		FV60	1:05:09
644	783	Jackie	Ralph		FV60	1:05:09
645	675	Paula	Montgomery		FV45	1:05:10
646	608	Gillian	Cain	Tamar Trotters	FV45	1:05:13
647	674	Alison	Wilson		FV60	1:05:20
648	721	Sarah	Tippett		FV40	1:05:32
649	156	Robert	Hutchings		MV60	1:05:33
650	502	Ellie	Potts		FV35	1:05:35
651	530	Nicola	Munday		FV35	1:05:35
652	540	Michelle	Shaddick	Plymouth Musketeers	FV40	1:05:41
653	735	Kelly	Brumhead	Plymouth Musketeers	FV35	1:05:41
654	774	Joanne	Jefford		FV40	1:05:41
655	690	Rosaline	Gard		SF	1:05:58
656	519	Rachael	Meek	Tamar Trotters	SF	1:06:00
657	637	Lorna	Arkins	Plymouth Coasters	SF	1:06:07
658	711	Tracy	Davis		FV40	1:06:25
659	710	Fiona	Sluman		FV40	1:06:26

660	151	Timothy	Howes	Plymouth Coasters	MV55	1:06:40
661	482	Nicola	Peck	Plymouth Coasters	FV40	1:06:55
662	532	Caroline	Dickens		FV35	1:08:06
663	333	Jamie	Corson	Tamar Trotters	MV40	1:08:58
664	559	Hannah	Mclivenna		SF	1:09:00
665	762	Kathryn	Weaver-Gore	Plymouth Musketeers	FV50	1:09:02
666	761	Jules	Batten	Plymouth Musketeers	FV50	1:09:14
667	634	Samantha	Mitchell		FV50	1:09:14
668	636	Abigail	Paine	Plymouth Musketeers	SF	1:09:42
669	194	Lee	Lamerton	Plymouth Musketeers	SM	1:09:43
670	343	Dave	Springbett		MV50	1:09:53
671	524	Hilary	Head	Bere Alston Trekkers	FV50	1:10:23
672	784	Rachael	Coombes		FV35	1:10:24
673	261	Russell	Kelly-Williams	Plymouth Musketeers	MV55	1:10:56
674	381	Martin	Manley	Plymouth Coasters	MV55	1:11:05
675	481	Tarryn	Lowth		SF	1:11:09
676	517	Carla	Robey		FV35	1:11:35
677	516	Kimberley	Swann		SF	1:11:35
678	591	Michelle	Camm		SF	1:12:08
679	789	Davina	Ross		FV40	1:12:09
680	701	Jane	Coles		SF	1:13:05
681	42	Richard	Walters	Plymstock Road Runners	MV65	1:13:37
682	96	Matthew	Atkins		SM	1:13:44
683	651	Lydia	Squires		SF	1:14:09
684	652	Sarah	Longville		SF	1:14:12
685	247	Chris	Newton	Plymouth Musketeers	SM	1:14:14
686	728	Marion	Moxhay	Plymouth Musketeers	FV55	1:14:14
687	573	Sarah	Papworth	Tamar Trotters	FV45	1:15:11
688	498	Zoe	Lavers	Plymouth Striders	FV35	1:15:13
689	768	Jo	Nieto	Plymouth Harriers	FV40	1:15:27
690	712	Jacqueline	Mann	Plymstock Road Runners	FV45	1:16:28
691	590	Michelle	Kennelly	Instinctive Sports	FV45	1:20:30
692	514	Kelly	Dunning	Instinctive Sports	SF	1:20:30
693	771	Nina	Shillabeer	Plymstock Road Runners	FV55	1:22:43
694	698	Jenny	Reid		SF	1:25:26
695	508	Nicola	Hobbs	Plymouth Coasters	FV45	1:25:26
696	313	Roger	Williams		MV40	1:30:06
697	763	Philippa	Davey	Plymouth Musketeers	FV45	1:30:15
698	609	Ruth	Kelly	Plymouth Musketeers	FV45	1:30:16