

Winter 3K Series
Central Park - Wednesday 9th January

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	786	Michael Robinson	Tamar Trotters	9.29
2	696	Jack Hutchens	North Devon AC	9.38
3	795	Max Harrison-Tosatto		10.18
4	495	Kevin Digby	Plymouth Harriers	10.20
5	479	Daniel Budd	Tamar Trotters	10.26
6	665	Guy Petersen	Tamar Trotters	10.37
7	768	Stephen Burns	COPAC	10.41
8	582	Ben Carthy		10.51
9	751	Victoria Weir	COPAC	10.57
10	493	George Snelling	Worcester AC	10.58
11	717	Mark Wood	Tamar Trotters	11.01
12	701	Ami Yetton	Plymouth Harriers	11.06
13	725	Richard Maunder	Plymouth Tri Club	11.09
14	766	William Dax	Tavistock AC	11.11
15	743	Emily Attfield	Tavistock AC	11.12
16	693	Stan Townsend	UPAC	11.15
17	583	Dave Scrivens	Plymouth Harriers	11.18
18	487	Tim Blackman		11.18
19	486	Chris Prall	Tamar Trotters	11.19
20	572	Richard Long	UPAC	11.25
21	483	Barry Dawe	Plymouth Musketeers	11.27
22	708	Jane Allison	Plymouth Harriers	11.40
23	704	Harry Herdman	Tavistock AC	11.43
24	705	Allan Herdman	Tavistock AC	11.48
25	481	Jonathan Roddy	Plymouth Harriers	11.51
26	473	Guy Boswell	Plymouth Musketeers	11.54
27	575	Peter Ford		11.59
28	498	Mark Bird	D&S FRS	12.02
29	480	Ryan Patten-Higgins		12.03
30	793	Cleo Andrews	Erme Valley Harriers	12.08
31	749	Michael Cork		12.17
32	580	James Barnicott	Plymouth Coasters	12.26
33	702	Mike Saunders		12.27
34	497	Benjamin Hayter	UPAC	12.30
35	482	George Shepherd		12.31
36	721	Peter May	Tamar Trotters	12.40
37	488	Christopher Lawler		12.42
38	489	Rayner Shelmerdine-Hare		12.45
39	581	Mark Peckings	Roman Gladiators	12.49
40	496	Sam Turton		13.05
41	718	Ken Summers	Erme Valley Harriers	13.06
42	767	Jude White	Tavistock AC	13.06
43	772	Terry Bartlett	Plymouth Harriers	13.08
44	769	Chris Whipp	Plymouth Musketeers	13.11
45	739	Paul Medicott		13.12

46	760	Jenny Kumah	Plymouth Musketeers	13.14
47	668	Stephen Watson	Erme Valley Harriers	13.15
48	727	Nicola Noble		13.21
49	758	Lloyd Grinsted		13.33
50	798	S Wolstenholme	Plymouth Harriers	13.35
51	573	Matt Baron		13.38
52	703	Francesca Herdman	Tavistock AC	13.55
53	576	Paul Moxham		14.04
54	577	George Barnicott	Plymouth Coasters	14.17
55	500	Edd Saunders	UPAC	14.23
56	787	Kate Medicott	Erme Valley Harriers	14.25
57	574	Isobel Ford		14.27
58	748	John McGhee	Plymouth Harriers	14.29
59	579	Anna Bale		14.32
60	578	Simeon Bale		14.32
61	762	Sharon Lang		14.36
62	485	Clare Featherstone	Plymstock RR	14.44
63	499	Billy English	UPAC	14.50
64	776	Sue Darke		14.51
65	707	Rob Clark	Tamar Trotters	14.55
66	484	Kirsty Ireland		15.10
67	584	Tony Walne		15.32
68	492	Simon Ayres	Instinctive Sports	15.43
69	478	Bryan Short	Plymstock RR	16.00
70	697	Christine McGhee	Plymouth Harriers	17.01
71	491	Jackie Clarke		21.48
72	490	Bryony Clarke		21.54