

Ivybridge 10K 2011

Saturday 14 May 2011. 6:30 pm

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
1	0:32:48	COLE, Jim		Senior Men	03:16.8	360	1
2	0:33:33	HALL, Stuart	Tipton Harriers	V45 Men	03:21.3	4	2
3	0:34:22	WAUMSLEY, Pete	Tamar Trotters	Senior Men	03:26.2	85	3
4	0:34:42	BLACKMORE, Mike	Bitton Road Runners	Senior Men	03:28.2	12	4
5	0:34:58	MONAGHAN, Peter	Torbay AC	V45 Men	03:29.8	5	5
6	0:35:45	HARDING, Garry		Senior Men	03:34.5	357	6
7	0:35:57	TOMLIN, David	Teignbridge Trotters	Senior Men	03:35.7	10	7
8	0:36:17	MILFORD, Daryl	Teignbridge Trotters	Senior Men	03:37.7	39	8
9	0:36:31	GENTLE, Stephen	East Cornwall Harriers	Senior Men	03:39.1	333	9
10	0:36:37	GREGG, Paul	Tamar Trotters	V45 Men	03:39.7	169	10
11	0:36:44	COOK, Matt		Senior Men	03:40.4	388	11
12	0:36:58	LAPTHORN, Lucas		Senior Men	03:41.8	397	12
13	0:37:03	LAPTHORN, Tom	Plymouth Harriers	Senior Men	03:42.3	98	13
14	0:37:08	BROWN, Matthew	Erme Valley Harriers	Senior Men	03:42.8	275	14
15	0:37:11	BABB, Steve	Launceston Road Runners	V45 Men	03:43.1	332	15
16	0:37:33	SIMS, Steven	East Cornwall Harriers	Senior Men	03:45.3	299	16
17	0:37:40	LYNCH, Mark		V40 Men	03:46.0	312	17
18	0:37:46	DAVIDSON, Mark	East Cornwall Harriers	V45 Men	03:46.6	390	18
19	0:37:48	SHADDICK, Ross		Senior Men	03:46.8	244	19
20	0:37:52	CROWLE, Benjamin		Senior Men	03:47.2	218	20
21	0:38:04	LEEKE, Robert	South Devon AC	V40 Men	03:48.4	74	21
22	0:38:06	CAUNTER, Adam	Teignbridge Trotters	Senior Men	03:48.6	175	22
23	0:38:10	LUKE, Anne	Tamar Trotters	V50 Women	03:49.0	900	23
24	0:38:12	DIGBY, Kevin	Plymouth Harriers	Senior Men	03:49.2	307	24
25	0:38:13	MCLAY, Stuart	Haldon Trail Runners	Senior Men	03:49.3	158	25
26	0:38:20	PUERTAS, Chris		V45 Men	03:50.0	354	26
27	0:38:23	LOVELL, Paul	Plymouth Harriers	V50 Men	03:50.3	182	27
28	0:38:26	DAYMENT, Richard	Dartmouth AC	Senior Men	03:50.6	384	28
29	0:38:27	CUTLIFFE, Christian	Dartmouth AC	Senior Men	03:50.7	410	29
30	0:38:28	STEVENS, Nick	Teignbridge Trotters	Senior Men	03:50.8	144	30
31	0:38:39	PRALL, Chris	Tamar Trotters	Senior Men	03:51.9	232	31
32	0:38:41	PETERSON, Guy	Tamar Trotters	V40 Men	03:52.1	116	32
33	0:38:42	KEMP, Barry		Senior Men	03:52.2	19	33
34	0:38:45	HAWES, David		Senior Men	03:52.5	402	34
35	0:39:04	HOSKIN, Alan	Erme Valley Harriers	Senior Men	03:54.4	412	35
36	0:39:08	HARVEY, Jessica	Erme Valley Harriers	Senior Women	03:54.8	702	36
37	0:39:12	THOMPSON, Andy		V40 Men	03:55.2	241	37
38	0:39:17	ROGERS, Mark	Plymstock Road Runners	Senior Men	03:55.7	206	38
39	0:39:22	BLIGHT, James	Tamar Trotters	Senior Men	03:56.2	46	39
40	0:39:33	ALFORD, Bryce	Jersey Spartan AC	V40 Men	03:57.3	398	40
41	0:39:35	MCEWING, Alison	Erme Valley Harriers	Senior Women	03:57.5	637	41
42	0:39:37	MARSHALL, Andrew	Plymouth Harriers	V50 Men	03:57.7	181	42
43	0:39:38	SMITH, Justin	Plymouth Harriers	Senior Men	03:57.8	274	43
44	0:39:46	WAINMAN, Philip		Senior Men	03:58.6	184	44
45	0:39:47	HURRELL, David	Plymstock Road Runners	Senior Men	03:58.7	197	45
46	0:39:50	CHARLES, Andrew	Tamar Trotters	V45 Men	03:59.0	192	46
47	0:39:54	BURROWS, Stephen		Senior Men	03:59.4	165	47
48	0:39:59	MAUNDER, Richard	Plymouth Tri Club	Senior Men	03:59.9	208	48
49	0:40:21	OMAN, Ben		Senior Men	04:02.1	306	49
50	0:40:23	JOHNSON, Ian	South West Vets AC	V45 Men	04:02.3	363	50
51	0:40:27	ULLMAN, Chris	East Cornwall Harriers	V40 Men	04:02.7	163	51
52	0:40:32	JOHNSON, Andrew	Exmouth Harriers	V45 Men	04:03.2	255	52

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Erme Valley Harriers. Printed by Erme Valley Harriers on 14 May 2011

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
53	0:40:35	COOK, Karen	South West Road Runners	V50 Women	04:03.5	895	53
54	0:40:47	ARROWSMITH, Paul	East Cornwall Harriers	Senior Men	04:04.7	282	54
55	0:40:48	ROBERTS, Mike	Teignbridge Trotters	Senior Men	04:04.8	207	55
56	0:40:49	WILKES, David		Senior Men	04:04.9	166	56
57	0:40:49	BALL, Matthew		Senior Men	04:04.9	93	57
58	0:40:49	VARCOE, Edward	Plymouth Harriers	Senior Men	04:04.9	96	58
59	0:40:57	ALLISON, Jane	Plymouth Harriers	V35 Women	04:05.7	731	59
60	0:41:02	BOSWELL, Guy	Plymouth Musketeers	V45 Men	04:06.2	292	60
61	0:41:03	THORN, Alison		V35 Women	04:06.3	647	61
62	0:41:08	OLIVER, David	Plymstock Road Runners	V45 Men	04:06.8	251	62
63	0:41:19	BRAUND, Peter		Senior Men	04:07.9	11	63
64	0:41:23	TAYLOR, Richard	Plymouth Harriers	V50 Men	04:08.3	259	64
65	0:41:30	ORAM, Mark	Plymouth Harriers	Senior Men	04:09.0	305	65
66	0:41:32	RUNDELL, Tim		Senior Men	04:09.2	45	66
67	0:41:35	CROCKER, John	Teignbridge Trotters	V45 Men	04:09.5	242	67
68	0:41:37	FORD, Peter	Plymstock Road Runners	V40 Men	04:09.7	71	68
69	0:41:38	SALMON, James	Plymstock Road Runners	Senior Men	04:09.8	67	69
70	0:41:39	BAZLEY, Peter	Tavistock AC	V55 Men	04:09.9	44	70
71	0:41:40	HEFFERNAN, Mark		Senior Men	04:10.0	396	71
72	0:41:41	SPENCER, James	Roman Gladiators	Senior Men	04:10.1	310	72
73	0:41:46	KENWORTHY, Sarah		Senior Women	04:10.6	624	73
74	0:41:47	CROWLE, Revis	East Cornwall Harriers	V45 Women	04:10.7	899	74
75	0:41:49	THOMAS, Henry	Plymouth Harriers	V40 Men	04:10.9	70	75
76	0:41:53	MORGAN-HUGHES, Gareth		V40 Men	04:11.3	304	76
77	0:41:54	AYSON, Richard	Erme Valley Harriers	V40 Men	04:11.4	260	77
78	0:41:56	JONES, Lewis	South West Road Runners	V60 Men	04:11.6	77	78
79	0:41:59	VALLIS, Mike		V40 Men	04:11.9	115	79
80	0:42:01	MOYSE, Warren	Plymstock Road Runners	V40 Men	04:12.1	315	80
81	0:42:01	ILES-WRIGHT, Shane		Senior Men	04:12.1	349	81
82	0:42:07	TRAVERS, Neill	Erme Valley Harriers	Senior Men	04:12.7	308	82
83	0:42:08	HALES, Roger	Teignbridge Trotters	V45 Men	04:12.8	385	83
84	0:42:09	CAMPBELL, Bruce	Teignbridge Trotters	V40 Men	04:12.9	291	84
85	0:42:11	CARTER, John	Plymstock Road Runners	V40 Men	04:13.1	245	85
86	0:42:19	HILL, Steven		Senior Men	04:13.9	343	86
87	0:43:21	LOFTHOUSE, Stephen		V40 Men	04:20.1	202	87
88	0:42:22	CROWLE, Ian	East Cornwall Harriers	V50 Men	04:14.2	294	88
89	0:42:24	BELL, Shaun	Erme Valley Harriers	V45 Men	04:14.4	172	89
90	0:42:26	PETTIT, Nic	Tamar Trotters	V60 Men	04:14.6	121	90
91	0:42:27	SWIFT, Simon		V40 Men	04:14.7	177	91
92	0:42:29	HUSSELL, Mark	Tiverton Harriers	V40 Men	04:14.9	153	92
93	0:42:30	LUDLUM, Andrew	Non-Scoring Teignbridge Trotters	V50 Men	04:15.0	257	93
94	0:42:32	NELDER, Robert		V40 Men	04:15.2	150	94
95	0:42:33	MINTOFT, Chris		Senior Men	04:15.3	122	95
96	0:42:36	STEWART, Stephen	South West Road Runners	Senior Men	04:15.6	322	96
97	0:42:39	HAMLING, Mark	Teignbridge Trotters	V50 Men	04:15.9	43	97
98	0:42:40	SHIPTON, Jason	Tamar Trotters	V40 Men	04:16.0	372	98
99	0:42:52	BRENNAN, Paul	University of Plymouth AC	V50 Men	04:17.2	387	99
100	0:42:54	MOULDER, Dave	South West Road Runners	V50 Men	04:17.4	376	100
101	0:43:02	WILLIAMS, Alan	Tamar Trotters	Senior Men	04:18.2	347	101
102	0:43:04	LEWIS, Michael	Fareham Crusaders	Senior Men	04:18.4	195	102
103	0:43:05	SEYMOUR, Matthew		Senior Men	04:18.5	295	103
104	0:43:05	BAGGOTT, Ian		V45 Men	04:18.5	276	104
105	0:43:12	BONFIELD, Kevin		V40 Men	04:19.2	99	105
106	0:43:14	JEARY, Ivan	UKNetrunner	V40 Men	04:19.4	94	106

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107	0:43:15	RICHARDS, Kevin	Plymstock Road Runners	V45 Men	04:19.5	201	107
108	0:43:19	TINKLER, Ken	Newton Abbot AC	V55 Men	04:19.9	189	108
109	0:43:20	HENDERSON, James	Teignbridge Trotters	Senior Men	04:20.0	403	109
110	0:43:21	PETER, Gareth	Plymstock Road Runners	Senior Men	04:20.1	60	110
111	0:43:21	POTTER, Matthew		Senior Men	04:20.1	252	111
112	0:43:31	BADDELEY, Karen	Erme Valley Harriers	V45 Women	04:21.1	756	112
113	0:43:34	EPPS, Ben	Teignbridge Trotters	Senior Men	04:21.4	266	113
114	0:43:37	HILL, Nick		V45 Men	04:21.7	131	114
115	0:43:47	PEARSE, Nick	Tamar Trotters	V45 Men	04:22.7	265	115
116	0:43:48	DORE, Kieran	Newton Abbot AC	V55 Men	04:22.8	170	116
117	0:43:57	ADAMS, Craig		Senior Men	04:23.7	366	117
118	0:43:58	BONNING, Michael	Michelmores RC	V45 Men	04:23.8	49	118
119	0:44:01	MAY, Greg		V40 Men	04:24.1	101	119
120	0:44:03	OSTICK, Kevin		Senior Men	04:24.3	230	120
121	0:44:07	MONAGHAN, Steve	Torbay AC	V45 Men	04:24.7	47	121
122	0:44:10	NORSWORTHY, Philip		V40 Men	04:25.0	234	122
123	0:44:12	JOHNSON, Neil		V50 Men	04:25.2	161	123
124	0:44:15	DOWRICK, Bev	Plymstock Road Runners	Senior Women	04:25.5	681	124
125	0:44:16	MACE, Steve		V45 Men	04:25.6	219	125
126	0:44:18	LAKE, Jon	Erme Valley Harriers	V50 Men	04:25.8	250	126
127	0:44:20	ELPHICK, Nathan	Teignbridge Trotters	V40 Men	04:26.0	62	127
128	0:44:20	UTTING, Mark		Senior Men	04:26.0	191	128
129	0:44:29	BREMNER, Jane	Tamar Trotters	V50 Women	04:26.9	743	129
130	0:44:37	SIMPSON, David		V50 Men	04:27.7	58	130
131	0:44:38	RICHARDS, Suzanne		V50 Women	04:27.8	704	131
132	0:44:40	MOORMAN, Neil		V40 Men	04:28.0	301	132
133	0:44:41	GOLDING, Matthew	Plymstock Road Runners	Senior Men	04:28.1	223	133
134	0:44:41	PECKINGS, Mark		Senior Men	04:28.1	210	134
135	0:44:42	MILES, Gary		V45 Men	04:28.2	145	135
136	0:44:43	AGER, David		V55 Men	04:28.3	330	136
137	0:44:46	CHURCH, Jo	Tamar Trotters	V45 Women	04:28.6	741	137
138	0:44:47	HEXT, Dan		Senior Men	04:28.7	249	138
139	0:44:48	MCKEE, Richard		Senior Men	04:28.8	138	139
140	0:44:49	THURLEY, Mark		V40 Men	04:28.9	132	140
141	0:44:51	KELSEY, Louise	Tamar Trotters	V35 Women	04:29.1	765	141
142	0:44:55	SALMON, David	Plymstock Road Runners	V45 Men	04:29.5	66	142
143	0:44:59	WYLDBORE-WOOD, Michael	North Derbyshire RC	Senior Men	04:29.9	378	143
144	0:45:05	GODDARD, Kristian		Senior Men	04:30.5	134	144
145	0:45:12	HEWITT, Roger	Tavistock AC	V55 Men	04:31.2	348	145
146	0:45:12	MACAULEY, Alan	Tamar Trotters	V45 Men	04:31.2	353	146
147	0:45:14	COOKSLEY, Stephen	Plymstock Road Runners	V45 Men	04:31.4	243	147
148	0:45:19	WHEELER, Mandy	South West Road Runners	V35 Women	04:31.9	660	148
149	0:45:23	ROBINSON, Mark	South West Road Runners	V50 Men	04:32.3	400	149
150	0:45:26	WASSERBERG, David		V45 Men	04:32.6	204	150
151	0:45:28	NASH, Jenny	East Cornwall Harriers	V45 Women	04:32.8	649	151
152	0:45:31	WILLIAMS, Neil	Plymouth Musketeers	V40 Men	04:33.1	81	152
153	0:45:34	MAFFEY, Steve	Plymstock Road Runners	V45 Men	04:33.4	289	153
154	0:45:35	JONES, Martin		V45 Men	04:33.5	198	154
155	0:45:37	MOULSON, Stuart	Teignbridge Trotters	V40 Men	04:33.7	212	155
156	0:45:39	TURNER, Fred		V40 Men	04:33.9	68	156
157	0:45:40	DUNGEY, Alan	Instinctive Sports	V55 Men	04:34.0	51	157
158	0:45:41	ISAAC, Chris		V45 Men	04:34.1	140	158
159	0:45:45	BROWN, Ray	Torbay AC	V60 Men	04:34.5	334	159
160	0:45:46	ANNETTS, Gareth		Senior Men	04:34.6	221	160
161	0:45:46	EVANS, Darren		Senior Men	04:34.6	394	161

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162	0:45:46	HILL, Chris	Plymouth Harriers	V45 Men	04:34.6	146	162
163	0:45:48	BRICKNELL, Mark	Plymstock Road Runners	V50 Men	04:34.8	323	163
164	0:45:50	KENT, Graham	Plymouth Musketeers	V45 Men	04:35.0	341	164
165	0:45:57	MURDOCH, Daniel	Roman Gladiators	Senior Men	04:35.7	361	165
166	0:45:58	TRUMP, Harry		Senior Men	04:35.8	331	166
167	0:45:59	PRADY, Neil		V45 Men	04:35.9	16	167
168	0:46:02	BANKS, Paul	Teignbridge Trotters	Senior Men	04:36.2	40	168
169	0:46:08	BULEY, Derek	Tamar Trotters	V40 Men	04:36.8	406	169
170	0:46:11	PASKINS, Paul	Plymouth Harriers	V50 Men	04:37.1	143	170
171	0:46:15	BAGGOTT, Joshua		Senior Men	04:37.5	277	171
172	0:46:16	FINCH, Simon	26.6 RRC	V50 Men	04:37.6	386	172
173	0:46:18	MURPHY, Andy		V40 Men	04:37.8	186	173
174	0:46:20	WALDRON, Paul		V40 Men	04:38.0	26	174
175	0:46:29	PAYNE, James	Roman Gladiators	Senior Men	04:38.9	362	175
176	0:46:30	HAYWARD, Ian	Torbay AC	V50 Men	04:39.0	118	176
177	0:46:36	MENLOVE-PLATT, Christopher	Plymouth Musketeers	V55 Men	04:39.6	237	177
178	0:46:38	WEBBER, Simon	East Cornwall Harriers	V55 Men	04:39.8	231	178
179	0:46:40	IVISON, Stuart	Plymouth Harriers	V40 Men	04:40.0	395	179
180	0:46:45	BENNETT, Carl	Newton Abbot AC	Senior Men	04:40.5	335	180
181	0:46:47	SIMS, Andrew	East Cornwall Harriers	V40 Men	04:40.7	300	181
182	0:46:54	MAHONEY, Karen	East Cornwall Harriers	V40 Women	04:41.4	769	182
183	0:47:02	WESTINGTON, Tony		V40 Men	04:42.2	283	183
184	0:47:03	ANDERSON, Stephen		Senior Men	04:42.3	228	184
185	0:47:03	SHEARER, Tony	Tavistock AC	V55 Men	04:42.3	401	185
186	0:47:03	ROSS, Ian	Tamar Trotters	V50 Men	04:42.3	352	186
187	0:47:05	THOMAS, Mark		V40 Men	04:42.5	379	187
188	0:47:05	MORRIS, Paul	Hayle Runners	Senior Men	04:42.5	382	188
189	0:47:08	BUNTING, Maggie	Tamar Trotters	V40 Women	04:42.8	755	189
190	0:47:12	GODDARD, Felicity		Senior Women	04:43.2	802	190
191	0:47:22	STABB, Neil		Senior Men	04:44.2	408	191
192	0:47:24	PRESCOTT, Caro	Womens Running Network	V45 Women	04:44.4	799	192
193	0:47:25	DESMOND, Chris		Senior Men	04:44.5	392	193
194	0:47:26	PLATT, Andrew		Senior Men	04:44.6	103	194
195	0:47:29	PRIEST, Gavin		V40 Men	04:44.9	80	195
196	0:47:30	WILSON, Raymond	Torbay AC	V60 Men	04:45.0	316	196
197	0:47:33	MACPHAIL, Nicola	Plymouth Harriers	V40 Women	04:45.3	796	197
198	0:47:37	MYATT, Sally	Tamar Trotters	V40 Women	04:45.7	754	198
199	0:47:38	EVANS, Mark	Tamar Trotters	V45 Men	04:45.8	162	199
200	0:47:38	DANIELS, Stephen	Newton Abbot AC	V45 Men	04:45.8	309	200
201	0:47:42	GALE, Tony	South West Road Runners	V55 Men	04:46.2	270	201
202	0:47:44	CARTER, Richard		V45 Men	04:46.4	100	202
203	0:47:46	DONALDSON, Alan		V50 Men	04:46.6	209	203
204	0:47:46	BOLT, Raymond	Plymouth Coasters	V50 Men	04:46.6	17	204
205	0:47:48	SHORTMAN, Catherine		V45 Women	04:46.8	770	205
206	0:47:49	FOSTER, Eric	Dawlish Coasters	V55 Men	04:46.9	50	206
207	0:47:50	LEONARD, Stephen	Plymstock Road Runners	V45 Men	04:47.0	188	207
208	0:47:50	WILCOX, Alan	Instinctive Sports	V45 Men	04:47.0	36	208
209	0:47:52	MORGAN, Cliff	Tamar Trotters	Senior Men	04:47.2	239	209
210	0:47:54	GOOCH, Simon	Plymouth Coasters	V40 Men	04:47.4	364	210
211	0:47:54	SPARGO, Philip	Truro RC	V50 Men	04:47.4	78	211
212	0:47:56	CROSTHWAITE, Calum	Torbay AC	V40 Men	04:47.6	337	212
213	0:48:00	HERYET, Nicole	Tavistock AC	V35 Women	04:48.0	887	213
214	0:48:14	MORRIS, Sean	Tamar Trotters	V40 Men	04:49.4	27	214
215	0:48:20	HAWLEY, Michael		V45 Men	04:50.0	160	215
216	0:48:24	MCPHERSON, Jake		Senior Men	04:50.4	321	216

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217	0:48:28	PEARSON, Mark	Plymouth Musketeers	Senior Men	04:50.8	287	217
218	0:48:29	CLEMENTS, Joanne		V35 Women	04:50.9	763	218
219	0:48:33	AINSWORTH, John	Tamar Trotters	V45 Men	04:51.3	359	219
220	0:48:35	DRENNAN, John	South Devon AC	V55 Men	04:51.5	254	220
221	0:48:38	SHIPPING, Matthew		Senior Men	04:51.8	370	221
222	0:48:40	ASH, Matthew		Senior Men	04:52.0	20	222
223	0:48:43	PERRY, Guy		Senior Men	04:52.3	246	223
224	0:48:44	PRESTON, Andrew		V45 Men	04:52.4	24	224
225	0:48:48	CLANCY, Mike		Senior Men	04:52.8	288	225
226	0:48:49	THOMSON, Nikki	Plymstock Road Runners	V35 Women	04:52.9	680	226
227	0:48:51	MORTON, David		Senior Men	04:53.1	302	227
228	0:48:55	MARTIN, Andrew		V50 Men	04:53.5	404	228
229	0:49:03	SMITH, Thomas		Senior Men	04:54.3	110	229
230	0:49:05	NORSWORTHY, Sally		V45 Women	04:54.5	716	230
231	0:49:09	CHAPMAN, Andrew		V50 Men	04:54.9	76	231
232	0:49:11	LEWIS, Maggie	Plymouth Musketeers	V55 Women	04:55.1	710	232
233	0:49:13	DART-CASSIDY, Jayne		V45 Women	04:55.3	635	233
234	0:49:13	SMITH, Paul		V40 Men	04:55.3	113	234
235	0:49:13	DART, Ian	Plymouth Harriers	V55 Men	04:55.3	358	235
236	0:49:14	KITTERIDGE, Roger	Plymouth Harriers	V60 Men	04:55.4	69	236
237	0:49:15	WASHBURN, Peter		V40 Men	04:55.5	328	237
238	0:49:15	SCHUTTE, Sarah	Teignbridge Trotters	Senior Women	04:55.5	809	238
239	0:49:17	DOW, Alan		Senior Men	04:55.7	319	239
240	0:49:19	BAKER, Graeme	Teignbridge Trotters	V65 Men	04:55.9	281	240
241	0:49:27	MORRIS, Stephen	Carbeile Cruisers	V50 Men	04:56.7	129	241
242	0:49:29	ALLAN, Christopher		Senior Men	04:56.9	203	242
243	0:49:33	LETTTS, Andy		V40 Men	04:57.3	205	243
244	0:49:38	JENKINS, Joanne	Plymouth Harriers	V45 Women	04:57.8	689	244
245	0:49:41	FOLLETT, Tony	UKNetrunner	Senior Men	04:58.1	298	245
246	0:49:44	NOBBS, Simon	Tamar Trotters	V50 Men	04:58.4	290	246
247	0:49:46	ATHERTON, Lawrence	South West Road Runners	V45 Men	04:58.6	256	247
248	0:49:46	CALLARD, Janine	Torbay AC	V45 Women	04:58.6	678	248
249	0:49:47	HANNS, Cheryl	Plymouth Harriers	V35 Women	04:58.7	708	249
250	0:49:50	ATKINS, Mike	South West Road Runners	V50 Men	04:59.0	59	250
251	0:49:52	BRADY, Shaun		V40 Men	04:59.2	339	251
252	0:49:53	TAYLOR, Charles		Senior Men	04:59.3	356	252
253	0:49:53	TARRANT, Rachael	Plymstock Road Runners	V35 Women	04:59.3	884	253
254	0:49:55	WEBB, Roger	South Devon AC	V55 Men	04:59.5	120	254
255	0:49:57	ALLEN, Anthony		V40 Men	04:59.7	222	255
256	0:50:00	HITCHEN, Lesley		V40 Women	05:00.0	808	256
257	0:50:02	FOSTER, Janet	Dawlish Coasters	V55 Women	05:00.2	859	257
258	0:50:04	WOODMAN, Zoe		V40 Women	05:00.4	724	258
259	0:50:05	NORTON, Nick		V45 Men	05:00.5	139	259
260	0:50:06	GOULDEN, Mary	Teignbridge Trotters	V35 Women	05:00.6	882	260
261	0:50:07	SKINNER, Derek		V45 Men	05:00.7	318	261
262	0:50:09	RALPH, Helen	Tamar Trotters	V50 Women	05:00.9	720	262
263	0:50:12	ROWLINGS, Amanda	Newton Abbot AC	V45 Women	05:01.2	695	263
264	0:50:16	DOOGAN, Sean		V40 Men	05:01.6	220	264
265	0:50:17	MARTIN, Jon		V50 Men	05:01.7	314	265
266	0:50:18	LUYA, Ian		V45 Men	05:01.8	324	266
267	0:50:18	LUYA, Michael		Senior Men	05:01.8	325	267
268	0:50:19	VENNING, Martin	Launceston Road Runners	V60 Men	05:01.9	293	268
269	0:50:21	CRANE, Martin		V40 Men	05:02.1	25	269
270	0:50:24	BOWERS, Mary	East Cornwall Harriers	V45 Women	05:02.4	876	270
271	0:50:25	POLLARD, Carol	East Cornwall Harriers	V55 Women	05:02.5	691	271

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
272	0:50:28	LORD, Peter		V45 Men	05:02.8	303	272
273	0:50:29	SYMONS, Philip	Plymouth Coasters	Senior Men	05:02.9	264	273
274	0:50:31	HAYNES, Joanne	Teignbridge Trotters	V35 Women	05:03.1	687	274
275	0:50:33	DUNGEY, Vicky	Instinctive Sports	V45 Women	05:03.3	858	275
276	0:50:35	WINDLE, Adele		Senior Women	05:03.5	804	276
277	0:50:35	WINDLE, Steven		Senior Men	05:03.5	125	277
278	0:50:37	GRIGG, Andy		V45 Men	05:03.7	168	278
279	0:50:38	WILLIAMS, Lisa	Instinctive Sports	Senior Women	05:03.8	816	279
280	0:50:39	BOWMAN, Sharon	Teignbridge Trotters	V45 Women	05:03.9	715	280
281	0:50:40	FROW, Helen		V40 Women	05:04.0	848	281
282	0:50:40	ALEXANDER, Tanya		Senior Women	05:04.0	857	282
283	0:50:41	TRICE, Dean		V40 Men	05:04.1	190	283
284	0:50:41	CANTIN, Peter		V40 Men	05:04.1	216	284
285	0:50:41	HEWINGS, Irene	Torbay AC	V50 Women	05:04.1	752	285
286	0:50:44	SQUIBB, David		V45 Men	05:04.4	268	286
287	0:50:46	LOVE, Robert		V40 Men	05:04.6	87	287
288	0:50:49	WARREN, Simon		V45 Men	05:04.9	167	288
289	0:50:55	DERWENT, Jonathan	Plymouth Musketeers	Senior Men	05:05.5	187	289
290	0:51:02	LUCAS, Anne	Torbay AC	V60 Women	05:06.2	648	290
291	0:51:08	BLANCHETTE, Helen		V35 Women	05:06.8	684	291
292	0:51:08	JAMES, Lesley		V40 Women	05:06.8	593	292
293	0:51:10	BAKER, Julie		V50 Women	05:07.0	615	293
294	0:51:12	BREWER, Roger		V55 Men	05:07.2	377	294
295	0:51:14	LLOYD, Jacqueline		V50 Women	05:07.4	629	295
296	0:51:14	CARTER, Martin	Dudley & Kingswinford	V40 Men	05:07.4	409	296
297	0:51:14	BEAR, Alex		V45 Men	05:07.4	200	297
298	0:51:15	OWEN, Sarah	Plymouth Musketeers	V40 Women	05:07.5	667	298
299	0:51:15	ADAMS, Allan		V50 Men	05:07.5	272	299
300	0:51:18	BRACEY, Dexter		V40 Men	05:07.8	233	300
301	0:51:24	COLSTON, Hannah	Tavistock AC	Senior Women	05:08.4	774	301
302	0:51:33	GARDNER, Julie	Tamar Trotters	V40 Women	05:09.3	650	302
303	0:51:35	RYDER, Malcolm	Plymouth Coasters	V50 Men	05:09.5	278	303
304	0:51:36	HARRISON, Roger		Senior Men	05:09.6	320	304
305	0:51:36	MACKRORY, Richard	Quantock Harriers	V55 Men	05:09.6	42	305
306	0:51:38	ATWILL, Peter		V50 Men	05:09.8	263	306
307	0:51:39	RUTLEY, Neil	Newton Abbot AC	V45 Men	05:09.9	296	307
308	0:51:40	OSTICK, Ian		V50 Men	05:10.0	229	308
309	0:51:41	LOMAX, Alan		V60 Men	05:10.1	48	309
310	0:51:43	BOLT, Christine		V40 Women	05:10.3	778	310
311	0:51:44	MARSDEN, Jo		V40 Women	05:10.4	729	311
312	0:51:44	DOW, Amanda		Senior Women	05:10.4	659	312
313	0:51:45	NICHOLAS, Mervyn		V50 Men	05:10.5	21	313
314	0:51:47	STEPHENS, John	Plymstock Road Runners	V45 Men	05:10.7	238	314
315	0:51:49	HILL, Elaine	Tamar Trotters	V50 Women	05:10.9	870	315
316	0:51:52	MORTON, Jennifer		V35 Women	05:11.2	672	316
317	0:52:00	SOUTH, Alex		Senior Men	05:12.0	344	317
318	0:52:01	PHELAN, Kelly		V40 Women	05:12.1	798	318
319	0:52:04	MCCONNELL, John		Senior Men	05:12.4	156	319
320	0:52:05	BREWER, Nick		Senior Men	05:12.5	141	320
321	0:52:06	PARK, Andrew	Torbay AC	V60 Men	05:12.6	176	321
322	0:52:08	DARKE, Susan		V45 Women	05:12.8	685	322
323	0:52:08	MUGLESTON, Joanne	Tamar Trotters	V40 Women	05:12.8	614	323
324	0:52:09	KING, Bryan	Plymouth Musketeers	V55 Men	05:12.9	148	324
325	0:52:10	COSSEY-HAGGAR, Leigh		Senior Men	05:13.0	380	325
326	0:52:16	SAXTY, Len	Instinctive Sports	V60 Men	05:13.6	180	326

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
327	0:52:20	TOTHILL, James		Senior Men	05:14.0	178	327
328	0:52:20	SHAPLAND, Nick		Senior Men	05:14.0	285	328
329	0:52:24	BARNICOTT, James	Plymouth Coasters	Senior Men	05:14.4	29	329
330	0:52:25	DAVIES, Sarah		Senior Women	05:14.5	762	330
331	0:52:25	SMITH, Richard		V55 Men	05:14.5	126	331
332	0:52:25	HAYES, Roger	Teignbridge Trotters	V40 Men	05:14.5	114	332
333	0:52:25	HAYES, Caroline	Non-Scoring Teignbridge Trotters	V40 Women	05:14.5	813	333
334	0:52:27	WARREN, Alastair		Senior Men	05:14.7	336	334
335	0:52:27	HARRIS, Paul		Senior Men	05:14.7	154	335
336	0:52:27	THOMAS, Emma	Womens Running Network	V45 Women	05:14.7	815	336
337	0:52:28	PEARSE, Helen		V35 Women	05:14.8	768	337
338	0:52:28	THORNTON, Alice		V40 Women	05:14.8	888	338
339	0:52:36	CLARKE, Ray		V40 Men	05:15.6	142	339
340	0:52:38	COLLINGS, Sarah		Senior Women	05:15.8	622	340
341	0:52:40	NEAL, Paul		V55 Men	05:16.0	61	341
342	0:52:45	RANGLES, Lorna		Senior Women	05:16.5	617	342
343	0:52:45	BARTLETT, Graham		Senior Men	05:16.5	389	343
344	0:52:46	REES, Sian		Senior Women	05:16.6	603	344
345	0:52:48	PICKARD, Linda	Launceston Road Runners	V45 Women	05:16.8	644	345
346	0:52:48	JONES, Marie	Dartmouth AC	V60 Women	05:16.8	869	346
347	0:52:49	MARTIN, Lorna		V50 Women	05:16.9	663	347
348	0:52:50	BRAY, Miles		V45 Men	05:17.0	214	348
349	0:52:51	POTTER, Andy		V50 Men	05:17.1	261	349
350	0:52:52	WATSON, Brian		V60 Men	05:17.2	411	350
351	0:52:52	SIMS, Karen	East Cornwall Harriers	V40 Women	05:17.2	673	351
352	0:52:54	JONES, Nicola	Tamar Trotters	Senior Women	05:17.4	856	352
353	0:52:56	HARLEY, Linda		V40 Women	05:17.6	610	353
354	0:52:57	OSBORN, Kathryn	Hayle Runners	V50 Women	05:17.7	618	354
355	0:52:58	BURNELL, Frank	Hayle Runners	V55 Men	05:17.8	124	355
356	0:53:07	BROWN, Suzanne		V45 Women	05:18.7	628	356
357	0:53:11	PEASE, David		Senior Men	05:19.1	15	357
358	0:53:12	KELLY, Sarah	Womens Running Network	V40 Women	05:19.2	758	358
359	0:53:12	JAMES, Paul		V40 Men	05:19.2	399	359
360	0:53:14	PRICE, Louis		Senior Men	05:19.4	112	360
361	0:53:15	COTTELL, Victoria		Senior Women	05:19.5	640	361
362	0:53:16	MITCHELMORE, Martin		V45 Men	05:19.6	35	362
363	0:53:21	WALSH, Angie	Tamar Trotters	V35 Women	05:20.1	867	363
364	0:53:22	WEBSTER, Nigel		V55 Men	05:20.2	32	364
365	0:53:23	BOWERS, Nigel	East Cornwall Harriers	V45 Men	05:20.3	247	365
366	0:53:27	BARTRAM, Leah		V35 Women	05:20.7	596	366
367	0:53:28	HARDACRE, Paul	Erme Valley Harriers	V45 Men	05:20.8	117	367
368	0:53:30	SMITH, Jeanne	Newton Abbot AC	V40 Women	05:21.0	654	368
369	0:53:31	NEWMAN, Sheila	Tamar Trotters	V55 Women	05:21.1	604	369
370	0:53:35	BELLAMY-HILLYER, Camille		V45 Women	05:21.5	612	370
371	0:53:37	BARRETT, Catherine		V55 Women	05:21.7	801	371
372	0:53:38	HAMER, Becky	Tamar Trotters	Senior Women	05:21.8	717	372
373	0:53:39	PACE, Mercedes		V50 Women	05:21.9	726	373
374	0:53:43	MARSHALL, Anne	Plymouth Harriers	V50 Women	05:22.3	750	374
375	0:53:48	GERRARD, Jane		V40 Women	05:22.8	880	375
376	0:53:49	PAGE, Michael	Plymouth Musketeers	V45 Men	05:22.9	123	376
377	0:53:53	MOTTERSHEAD, Joanne		V40 Women	05:23.3	875	377
378	0:53:55	RAWLINSON, Steve	Teignbridge Trotters	V55 Men	05:23.5	38	378
379	0:54:01	GRIFFIN, Pippa	Plymstock Road Runners	V35 Women	05:24.1	725	379
380	0:54:04	HIRONS, Jane	Plymouth Musketeers	V45 Women	05:24.4	823	380

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
381	0:54:05	WATKINS, Izzy		V50 Women	05:24.5	795	381
382	0:54:09	FEATHERSTONE, Clare	Plymstock Road Runners	V50 Women	05:24.9	753	382
383	0:54:11	LETTS, Joanne		V35 Women	05:25.1	734	383
384	0:54:14	LEE, Rebecca		Senior Women	05:25.4	814	384
385	0:54:17	WILLIAMS, Rhiannon		Senior Women	05:25.7	694	385
386	0:54:22	BLACK, Rebecca	Tamar Trotters	Senior Women	05:26.2	662	386
387	0:54:27	NOBLE, Tracey	Tamar Trotters	V40 Women	05:26.7	803	387
388	0:54:27	STOKES, Daniel		Senior Men	05:26.7	367	388
389	0:54:28	DUIGNAN, Katrina	Teignbridge Trotters	V45 Women	05:26.8	837	389
390	0:54:30	WILLCOCKS, Mark	UKNetrunner	V45 Men	05:27.0	155	390
391	0:54:31	JEFFERY, Lisa	South Devon AC	V40 Women	05:27.1	850	391
392	0:54:32	WOODING, Mike	Newquay Road Runners	V60 Men	05:27.2	405	392
393	0:54:38	SOUTH, Macauley		Senior Men	05:27.8	345	393
394	0:54:40	RUFFELL, David	Tavistock AC	V40 Men	05:28.0	227	394
395	0:54:44	ROBERTSON, Jo	Womens Running Network	V35 Women	05:28.4	826	395
396	0:54:47	CORBETT, Nicky		V40 Women	05:28.7	698	396
397	0:54:48	SMITH, Debbie		V40 Women	05:28.8	811	397
398	0:54:49	SULLY, Mark	Tamar Trotters	V45 Men	05:28.9	92	398
399	0:54:50	FARNABY, Simon		V50 Men	05:29.0	365	399
400	0:54:50	SELLEY, Josephine	Womens Running Network	V50 Women	05:29.0	751	400
401	0:54:53	HILL, Stephen	Plymouth Harriers	V55 Men	05:29.3	54	401
402	0:54:56	FELIX, Flurina	Erme Valley Harriers	Senior Women	05:29.6	745	402
403	0:54:57	BAMBURY, Steve		V50 Men	05:29.7	235	403
404	0:54:57	WOOLACOTT, Benedict		Senior Men	05:29.7	224	404
405	0:54:57	WOOD, Janet		V45 Women	05:29.7	781	405
406	0:54:57	ROWE, Andrew		V40 Men	05:29.7	215	406
407	0:54:59	DONOVAN, Lesley	Plymouth Harriers	V45 Women	05:29.9	883	407
408	0:55:08	RICHARDS, Jason		Senior Men	05:30.8	280	408
409	0:55:08	RYDER, Paul		Senior Men	05:30.8	279	409
410	0:55:09	THUELL, Rachel		V35 Women	05:30.9	722	410
411	0:55:10	TICKLE, Charlotte		Senior Women	05:31.0	671	411
412	0:55:12	CARRODUS, Muriel	Womens Running Network	V55 Women	05:31.2	881	412
413	0:55:14	CHRYSANTHON, Kirsty	Teignbridge Trotters	Senior Women	05:31.4	868	413
414	0:55:17	SHEMETRAS, Naso		V45 Women	05:31.7	638	414
415	0:55:18	BALMER, Nicole	Plymouth Musketeers	Senior Women	05:31.8	686	415
416	0:55:25	WREN, Heather		V35 Women	05:32.5	757	416
417	0:55:34	BEST, Sara	Plymouth Harriers	V45 Women	05:33.4	611	417
418	0:55:37	AUTTON, Steve	Instinctive Sports	V50 Men	05:33.7	262	418
419	0:55:39	TRUMAN, Anita	Widwell Striders	V35 Women	05:33.9	633	419
420	0:55:43	HOLDER, Simon	Widwell Striders	V45 Men	05:34.3	407	420
421	0:55:44	RICHARDS, Alison	Womens Running Network	V40 Women	05:34.4	889	421
422	0:55:46	TIMSON, Daniel		Senior Men	05:34.6	381	422
423	0:55:46	MARTIN, Clare		Senior Women	05:34.6	630	423
424	0:55:51	MINTOFT, Pamela		V35 Women	05:35.1	807	424
425	0:55:52	NOTMAN, Amanda		Senior Women	05:35.2	846	425
426	0:55:55	THORN, Chris		V40 Men	05:35.5	351	426
427	0:56:02	HALES, Vernon		V40 Men	05:36.2	34	427
428	0:56:05	SHORT, Lucy		Senior Women	05:36.5	732	428
429	0:56:07	WOODGATE, Kirsty		V40 Women	05:36.7	723	429
430	0:56:07	BARNICOTT, George	Plymouth Coasters	V60 Men	05:36.7	30	430
431	0:56:10	ASPEN, Laura	Tavistock AC	Senior Women	05:37.0	785	431
432	0:56:10	FORDHAM, Bryony	Tavistock AC	V45 Women	05:37.0	719	432
433	0:56:14	NEAL, Mandy		V50 Women	05:37.4	836	433
434	0:56:18	FORD, Christopher		Senior Men	05:37.8	225	434
435	0:56:19	OLIVER, Iona	Plymstock Road Runners	V45 Women	05:37.9	705	435

Results for All Competitors in finish order.

Place	Time	Name	Club	Race Age Category	Pace min/Km	Num	Pos
436	0:56:19	ELLIOTT, Rose	Womens Running Network	V40 Women	05:37.9	658	436
437	0:56:21	ROGERS, Samantha	Tamar Trotters	Senior Women	05:38.1	606	437
438	0:56:29	BRALSFORD, Rose		V40 Women	05:38.9	674	438
439	0:56:35	ROGERS, Sarah	Womens Running Network	V50 Women	05:39.5	812	439
440	0:56:36	DAVEY, Christine		V55 Women	05:39.6	733	440
441	0:56:38	RIDDLE, Claire	Tamar Trotters	V35 Women	05:39.8	652	441
442	0:56:42	HAMBLIN, Ruth	Tamar Trotters	V45 Women	05:40.2	759	442
443	0:56:44	WILSON, Pete	Tamar Trotters	V45 Men	05:40.4	194	443
444	0:56:48	BIGGS, Chris		V65 Men	05:40.8	327	444
445	0:56:56	DEBNAM, Peter		V65 Men	05:41.6	33	445
446	0:56:58	NORMAN, Diane	Womens Running Network	V45 Women	05:41.8	817	446
447	0:56:59	BLACKBURN, Sue		V40 Women	05:41.9	735	447
448	0:57:01	ROYLE, Denise		V50 Women	05:42.1	865	448
449	0:57:03	ADAMS, Sharon	Plymouth Musketeers	V35 Women	05:42.3	792	449
450	0:57:03	HOLMES, Teresa		V55 Women	05:42.3	746	450
451	0:57:03	KING, Louise	Plymouth Musketeers	V45 Women	05:42.3	791	451
452	0:57:03	DUNRIDGE, Darren	Plymouth Musketeers	V40 Men	05:42.3	329	452
453	0:57:14	LUDLOW, Abigail		Senior Women	05:43.4	664	453
454	0:57:15	JONES, Lisabeth		Senior Women	05:43.5	697	454
455	0:57:20	WILEY, Peter		V50 Men	05:44.0	107	455
456	0:57:25	HEARN, Julie	Plymouth Harriers	V50 Women	05:44.5	601	456
457	0:57:26	LOVELL, Lyn	Plymouth Harriers	V45 Women	05:44.6	779	457
458	0:57:28	GENT, Jason		Senior Men	05:44.8	393	458
459	0:57:33	YATES, Caryn		V50 Women	05:45.3	713	459
460	0:57:35	KENWORTHY, Nick	Tamar Trotters	V40 Men	05:45.5	374	460
461	0:57:37	HUGHES, Rachel		Senior Women	05:45.7	764	461
462	0:57:39	STANLAKE, Rebecca		Senior Women	05:45.9	872	462
463	0:57:42	DACOSTA, Robeiro		V45 Men	05:46.2	355	463
464	0:57:45	BURTON, Bob	Plymstock Road Runners	V50 Men	05:46.5	258	464
465	0:57:49	CROTTY, Felicity	Instinctive Sports	Senior Women	05:46.9	639	465
466	0:57:52	BLACKMORE, Paul		V55 Men	05:47.2	383	466
467	0:57:57	WAKELEY, Dinah		V45 Women	05:47.7	692	467
468	0:58:07	HARVEY, Neil		V45 Men	05:48.7	119	468
469	0:58:15	MOLLET, Clare		V35 Women	05:49.5	830	469
470	0:58:17	HODGES, Natalie		V40 Women	05:49.7	831	470
471	0:58:22	BEAR, Dawn		V45 Women	05:50.2	742	471
472	0:58:23	SOUTTER, Phil		V55 Men	05:50.3	63	472
473	0:58:25	CHARLES, Jack		Senior Men	05:50.5	368	473
474	0:58:26	WALL, Andrea	Torbay AC	V45 Women	05:50.6	642	474
475	0:58:27	BARCLAY, Sharron		V45 Women	05:50.7	675	475
476	0:58:28	CLARKE, Aimee		Senior Women	05:50.8	820	476
477	0:58:30	VAGGERS, Tracy	Tamar Trotters	V45 Women	05:51.0	818	477
478	0:58:36	WILKES, Kerry		Senior Women	05:51.6	771	478
479	0:58:39	LOCKLEY, Sarah		Senior Women	05:51.9	641	479
480	0:58:39	LOCKLEY, Darren		V45 Men	05:51.9	346	480
481	0:58:42	PETERS, Cindy	Hogweed Trotters	V40 Women	05:52.2	879	481
482	0:58:51	ERICKSON, Caroline	Plymouth Musketeers	V40 Women	05:53.1	834	482
483	0:58:57	MOYSE, Adam		V40 Men	05:53.7	338	483
484	0:58:57	MOYSE, Emma		V35 Women	05:53.7	646	484
485	0:59:08	WELLS, Alison	Tamar Trotters	V40 Women	05:54.8	651	485
486	0:59:10	MEAKIN, Jackie	Plymouth Musketeers	V45 Women	05:55.0	806	486
487	0:59:10	STEVENS, Sharon	Plymouth Musketeers	V40 Women	05:55.0	800	487
488	0:59:11	BAKER, Tracey	Tamar Trotters	V40 Women	05:55.1	841	488
489	0:59:13	FURZE, David	Moorhaven RC	V55 Men	05:55.3	65	489
490	0:59:15	BUTTERWORTH, Andrea		V40 Women	05:55.5	886	490

Results for All Competitors in finish order.

Place	Time	Name	Club	Race Age Category	Pace min/Km	Num	Pos
491	0:59:15	DAVIES, Lorraine		V45 Women	05:55.5	885	491
492	0:59:24	ROSE, Jill	Plymstock Road Runners	V50 Women	05:56.4	632	492
493	0:59:33	STRINGER, Patricia		V50 Women	05:57.3	827	493
494	0:59:35	GILES, Becky		Senior Women	05:57.5	619	494
495	0:59:35	MILES, Lynn		V40 Women	05:57.5	797	495
496	0:59:35	KEVEREN, Tracey		V40 Women	05:57.5	620	496
497	0:59:39	MCPHERSON, Janette	Tamar Trotters	V35 Women	05:57.9	657	497
498	0:59:41	JARDINE, Clare	Tamar Trotters	V40 Women	05:58.1	597	498
499	0:59:43	DIGBY, Jennifer		Senior Women	05:58.3	665	499
500	0:59:44	MILLMAN, Robin		V50 Men	05:58.4	130	500
501	0:59:47	WILLIAMS, Rosie		Senior Women	05:58.7	853	501
502	0:59:50	BURKE, Donna	Plymouth Musketeers	V45 Women	05:59.0	690	502
503	0:59:50	WILLIAMS, Kevin	Plymouth Musketeers	V50 Men	05:59.0	373	503
504	0:59:52	ROMANSKI, Stephen	Roman Gladiators	Senior Men	05:59.2	217	504
505	0:59:56	GRANT, Stephen	Tamar Trotters	V40 Men	05:59.6	147	505
506	1:00:11	RESCORL, Mark	Tamar Trotters	Senior Men	06:01.1	53	506
507	1:00:12	SALVAGE, David	Tamar Trotters	V60 Men	06:01.2	52	507
508	1:00:17	TUNGATE, Heather		V35 Women	06:01.7	599	508
509	1:00:19	CARTER, Nicki	Hayle Runners	V40 Women	06:01.9	666	509
510	1:00:21	STEVENS, Keith		Senior Men	06:02.1	136	510
511	1:00:26	CHALK, Claire	Womens Running Network	V40 Women	06:02.6	825	511
512	1:00:28	CHESWORTH, Fiona		V40 Women	06:02.8	609	512
513	1:00:28	WALPOLE, Jan		V40 Women	06:02.8	608	513
514	1:00:30	CAUNTER, Nicola		V55 Women	06:03.0	776	514
515	1:00:46	CALDER-POTTS, Ruth		Senior Women	06:04.6	747	515
516	1:00:50	GRIFFITHS, Philippa		V40 Women	06:05.0	844	516
517	1:00:52	GRATTON, Pam		V50 Women	06:05.2	874	517
518	1:00:54	POPE, Dianne		V45 Women	06:05.4	631	518
519	1:00:57	CARNELL, Terry		V40 Men	06:05.7	109	519
520	1:00:58	BROOM, Heidi		V40 Women	06:05.8	707	520
521	1:00:59	EVENDEN, Laura		V35 Women	06:05.9	706	521
522	1:01:00	HOSKIN, Rachel		V40 Women	06:06.0	855	522
523	1:01:00	BONNING, Nicola		V45 Women	06:06.0	860	523
524	1:01:07	CARROLL, Paula		V40 Women	06:06.7	839	524
525	1:01:07	WOOD, Michelle		V40 Women	06:06.7	840	525
526	1:01:14	HANCOCK, Leanne		V40 Women	06:07.4	866	526
527	1:01:20	GREENING, Paul		V45 Men	06:08.0	108	527
528	1:01:24	GODWIN-BROWN, Fiona		V50 Women	06:08.4	782	528
529	1:01:25	PETERS, Tim		V60 Men	06:08.5	64	529
530	1:01:38	HOLBORN, Su		V45 Women	06:09.8	822	530
531	1:01:40	BOWDEN, Caroline		V50 Women	06:10.0	842	531
532	1:01:41	HANRAHAN, Peter		V55 Men	06:10.1	313	532
533	1:01:44	HEALY, Sharon		V40 Women	06:10.4	828	533
534	1:01:53	GODWIN-BROWN, Paul		V45 Men	06:11.3	371	534
535	1:01:54	MORELAND, David	Dawlish Coasters	V55 Men	06:11.4	72	535
536	1:02:01	BUSH, Anna		V40 Women	06:12.1	669	536
537	1:02:06	TAYLOR, Fiona		Senior Women	06:12.6	787	537
538	1:02:06	EVANS, Becky		Senior Women	06:12.6	790	538
539	1:02:07	WESTON, Tracey		Senior Women	06:12.7	761	539
540	1:02:07	TUCKER, Paula		Senior Women	06:12.7	780	540
541	1:02:12	PHELPS, Mary	Tamar Trotters	V45 Women	06:13.2	878	541
542	1:02:15	NEAL, Louise		V45 Women	06:13.5	852	542
543	1:02:15	WATSON, Sarah	Dawlish Coasters	V40 Women	06:13.5	613	543
544	1:02:16	CHAFFEY, Katie		Senior Women	06:13.6	772	544
545	1:02:16	TOMS, Claire		Senior Women	06:13.6	773	545

Results for All Competitors in finish order.

Place	Time	Name	Club	Race Age Category	Pace min/Km	Num	Pos
546	1:02:22	BATES, Tina		V40 Women	06:14.2	700	546
547	1:02:29	NIMMO, Karen	Hayle Runners	Senior Women	06:14.9	626	547
548	1:02:31	WHEATON, Tracey	Plymstock Road Runners	V40 Women	06:15.1	877	548
549	1:02:32	WALTERS, Richard	Plymstock Road Runners	V65 Men	06:15.2	22	549
550	1:02:33	MAFFEY, Sue	Plymstock Road Runners	V50 Women	06:15.3	683	550
551	1:02:36	COATES, Fiona		V40 Women	06:15.6	712	551
552	1:02:36	BALL, Sara		V40 Women	06:15.6	805	552
553	1:02:49	DONOVAN, Chris		V45 Men	06:16.9	18	553
554	1:02:55	CHADWICK, Elaine		Senior Women	06:17.5	634	554
555	1:03:10	EDWARDS, Paul		V55 Men	06:19.0	106	555
556	1:03:15	PAYNE, Louise		Senior Women	06:19.5	595	556
557	1:03:22	PRIOR, Tracey		Senior Women	06:20.2	645	557
558	1:03:23	BASSETT, Kate		V45 Women	06:20.3	749	558
559	1:03:28	SUTCLIFFE, Linda	Plymouth Harriers	V55 Women	06:20.8	777	559
560	1:03:45	BRIDGE, Joanne		V35 Women	06:22.5	714	560
561	1:03:46	PARNELL, Stephen	Plymouth Coasters	V50 Men	06:22.6	248	561
562	1:03:55	BEARD, Bekah		Senior Women	06:23.5	677	562
563	1:03:57	TEASDALE, Joanna		V35 Women	06:23.7	616	563
564	1:03:57	CRAZE, Sue	East Cornwall Harriers	V35 Women	06:23.7	890	564
565	1:04:02	O'KEEFE, Anthony		V50 Men	06:24.2	297	565
566	1:04:03	HELLIER, Elizabeth		V40 Women	06:24.3	621	566
567	1:04:11	WILSON, Lynsey		Senior Women	06:25.1	598	567
568	1:04:16	BLACKMORE, Margaret		V55 Women	06:25.6	627	568
569	1:04:20	STONE, Jacqueline		V55 Women	06:26.0	845	569
570	1:04:21	HURLEY, William	Dawlish Coasters	V60 Men	06:26.1	159	570
571	1:04:36	HEALY, Simon		Senior Men	06:27.6	31	571
572	1:04:38	CRITCHLEY, Helen		V45 Women	06:27.8	655	572
573	1:04:52	RAINE, Rosi		V35 Women	06:29.2	607	573
574	1:04:52	BROOMFIELD, Nikki		V35 Women	06:29.2	748	574
575	1:04:53	MANN, Jacqui		V40 Women	06:29.3	767	575
576	1:04:53	SARDELLA, Joanna		V35 Women	06:29.3	794	576
577	1:04:54	LAVERS, Zoe	Widewell Striders	Senior Women	06:29.4	670	577
578	1:05:02	NIMMO, Donna		Senior Women	06:30.2	625	578
579	1:05:06	YARDLEY, Karen		V35 Women	06:30.6	600	579
580	1:05:20	HATCH, David	Moorhaven RC	V65 Men	06:32.0	164	580
581	1:05:29	SALES, Hazel		V60 Women	06:32.9	838	581
582	1:05:35	MCMAHON, Annie	Tamar Trotters	V40 Women	06:33.5	786	582
583	1:05:47	HANDLEY, Judith		V55 Women	06:34.7	832	583
584	1:05:51	VARCOE, Charlotte	Plymouth Harriers	Senior Women	06:35.1	829	584
585	1:05:52	LESLIE, Natalie		V35 Women	06:35.2	623	585
586	1:05:55	LOMAX, Valerie		V55 Women	06:35.5	864	586
587	1:05:57	PACE, Alison	Tamar Trotters	V50 Women	06:35.7	736	587
588	1:06:00	MAY, Joanne	Tamar Trotters	Senior Women	06:36.0	656	588
589	1:06:16	CASE, Gillian		V45 Women	06:37.6	833	589
590	1:06:18	HARWOOD, Clare		V35 Women	06:37.8	721	590
591	1:06:19	HARWOOD, Leighton		V40 Men	06:37.9	271	591
592	1:06:31	BRYANT, Sarah		Senior Women	06:39.1	862	592
593	1:06:37	BADDELEY, Bob		V50 Men	06:39.7	174	593
594	1:06:50	TLUSTY, Rachel		V40 Women	06:41.0	696	594
595	1:07:18	SHORT, Rod	Erme Valley Harriers	V40 Men	06:43.8	28	595
596	1:07:18	SHORT, Nicola	Erme Valley Harriers	V40 Women	06:43.8	871	596
597	1:07:23	BAWDEN, Lisa		V35 Women	06:44.3	766	597
598	1:07:26	DOIG, Sandra	Tamar Trotters	V45 Women	06:44.6	775	598
599	1:07:33	JONES, Bobbi		Senior Women	06:45.3	703	599
600	1:07:53	SHILLABEER, Nina	Plymstock Road Runners	V55 Women	06:47.3	873	600

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Num</i>	<i>Pos</i>
601	1:07:54	TUCKER, Gill		V60 Women	06:47.4	728	601
602	1:08:37	COLE, Kerry		V35 Women	06:51.7	744	602
603	1:08:38	BULLEN, Steven	Tamar Trotters	V40 Men	06:51.8	199	603
604	1:08:48	BREWSTER, Matthew		Senior Men	06:52.8	84	604
605	1:08:48	ROBINSON, Sandra		V45 Women	06:52.8	783	605
606	1:08:48	STOKES, Georgina		V45 Women	06:52.8	789	606
607	1:08:56	ROBINS, Katja		Senior Women	06:53.6	605	607
608	1:10:29	HOUSAM, Pamela		V45 Women	07:02.9	661	608
609	1:10:29	PUNCH, Penny		V50 Women	07:02.9	594	609
610	1:11:43	KENWORTHY, Karen	Tamar Trotters	V40 Women	07:10.3	602	610
611	1:12:04	RICHARDS, Leonora	South Devon AC	V55 Women	07:12.4	688	611
612	1:12:10	KING, David	Plymstock Road Runners	V65 Men	07:13.0	57	612
613	1:13:03	JAKOBSEN, Eva		Senior Women	07:18.3	819	613
614	1:13:46	FLETCHER, Joanna		V50 Women	07:22.6	737	614
615	1:13:46	TANDY, Natalie		V45 Women	07:22.6	738	615
616	1:14:04	SCANLON, Christine		V45 Women	07:24.4	739	616
617	1:14:05	TALBOT, Sue	Womens Running Network	V50 Women	07:24.5	740	617
618	1:15:28	OLDHAM, Wendy		V50 Women	07:32.8	711	618
619	1:17:39	COMMISAR, Dennis	South Devon AC	V65 Men	07:45.9	342	619
620	1:18:45	NEAL, Superman		V50 Men	07:52.5	369	620
621	1:20:40	HULCOOP, Jason	Moorhaven RC	Senior Men	08:04.0	79	621

There were 621 finishers in the All Competitors category.