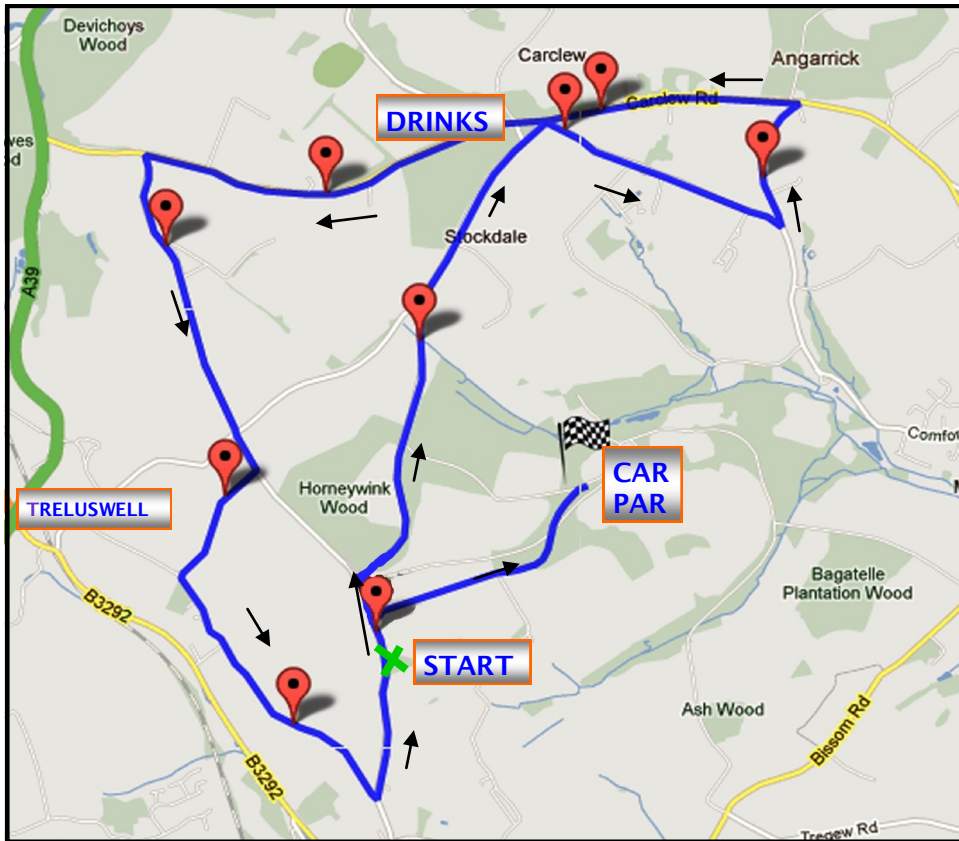


THE ROTARY CLUB OF PENRYN ENYS 10K RUN

Sunday 22nd April 2012

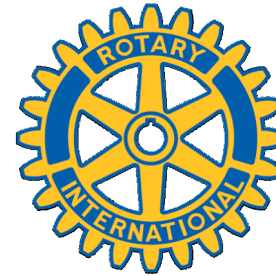


NB The FINISH has been changed as a result of feedback from 2011 Enys 10K providing an improved spectator experience. This has also required a change to the START as shown.

Directions: Follow signs from Treluswell Roundabout and take the B3292 Penryn turn; after passing the Laundry turn left up Truro Hill to Enys House & Gardens.



THE ROTARY CLUB OF PENRYN

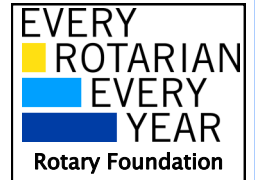


ENYS 10K RUN

UK Athletics Licence No: 2012-103583

SUNDAY 22nd April 2012

THE CHARITIES SUPPORTED BY THIS EVENT ARE:



The Rotary Club of Penryn would like to heartily thank our sponsors:



ENYS 10K CHARITY RUN - RACE ENTRY FORM

Surname		Address
First Name		
Date of Birth		
Age on 22/04/2012		
Male or Female		
Affiliated (Yes/No)		Postcode
UKA Number		Telephone
Club Name		Email

RACE ENTRY FEES:	TICK	
Discounted fee to Affiliated Runners		£10.00
Unaffiliated Runners		£12.00
Postal entries will be accepted up to Thursday 19th April 2012		
£1 admin fee if you enter on the day (registration 9.30am - 10.30am)		

DATA PROTECTION: The information provided by you on this form will be used solely for the purpose of race results and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed to any other person or agency.

DECLARATION: I understand that while the organisers will make every effort to ensure my safety, I accept the risks involved and they will not be responsible for any injury, loss or damage suffered by me whilst participating in this event. I further declare I will be medically fit, over 15 years of age on 22nd April 2012 and abide by UK Athletic rules for this event.

SIGNED	DATE	Total Enclosed
<i>(Parent or Guardian to sign if under 18 years old)</i>		

Please complete the entry form above and send with cheque made payable to **“ROTARY CLUB OF PENRYN”** together with an **A5 Self-Addressed-Envelope** to receive registration and runner details.

To: Derek Godridge 35 Old Well Gardens PENRYN TR10 9LF

Email derekgodridge@hotmail.com

Race Numbers can only be collected at Registration. Registration is 9.30am-10.30am on race day

The Rotary Club of Penryn

Sunday 22nd April 2012

Competitors Instructions

- 1 Registration for this **10km** event starts at 9.30am, Enys Gardens **TR10 9LB**
Please pin your running number on your front.
Changing facilities available.
- 2 Late entries are allowed and there will be an additional £1 fee payable— however they are subject to number limitations
- 3 The start line is some 900 metres from Enys House so give yourself 15 min. minimum to be at the start for **11.00 am**
- 4 On the route follow the direction indicators or Police/Marshall's instructions. Use the footpaths wherever possible.
- 5 We will be patrolling the course, and there will be a vehicle following the last runner, so should you have any problems, assistance will be close by.
- 6 Time sheets will be available by post and also on running club websites. Details at Registration desk.
- 7 If you are running for a CHARITY we would be grateful if you could inform the Registration Officers of the Charity and the approximate amount you anticipate raising.
- 8 All 10km **runners** must be over the age of 15 years
- 9 Drinks are available at approx 5km and at the end of the race all runners will receive a “Goodie-Bag” from our sponsors.
- 10 If you wish to tour Enys Gardens a fee of £4 per adult (£1 per child) will be payable—tickets available at Race Control**

Trophies

First 3 Male & Female

First Male 40+, 50+, 60+; First Female 35+, 45+, 55+

Affiliated Team: 1st Male, 1st Female (4 to count)

Unaffiliated Team: 1st Male, 1st Female (4 to count)

All entrants will receive a Medal on finishing.

Retain this half for your information